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TO 26TH
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**HAVE A SAFE
SUMMER!!**

THE HIGHLANDS COMMUNICATOR



Vol. 2, Issue 11 Aug. 13 - 26, 2003

**Win
Cash!**
Plus More
Great
Contests
Inside

FREE

HALIBURTON COUNTY'S GOOD NEWS ONLY FUN FREE NEWSPAPER

Fun At The Fairs & Celebrations!!



Teddy Bear Competitions & Pie Eating Contests were among the many exciting activities that took place recently in Wilberforce at the Annual Agricultural Fair & in Gooderham at the Horseshoe Days Celebrations.

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Haliburton County Fair Makes For A Great Outing

It's now in its 139th year and it's taking place August 15 & 16. It's the annual Haliburton County Fair at the Minden Fair Grounds.

The fair has a lot to offer all ages, including exhibit booths, a midway, children's events, a mutt show, livestock shows, horse draws and shows, a video dance, the popular demolition derby and so much more.

Saturday evening be sure not to miss the Country 105 FM Video Dance Party beginning at 9 p.m. There is a \$10 per person admission fee to the dance. This is an age of majority event.

Camping is available on site with admission – One vehicle per site – no hydro or water on sites. There are public washrooms and showers.

Don't forget Haliburton's famous BBQ Beef on a Bun at the Green Food Booth! Yum Yum!!

The following is a list of events taking place – remember to check out the midway and around the fair grounds as so much is taking place!!

Admission to the Fair Grounds:

Adults - \$5 Children 6 – 15 - \$2.00 Children Under 6 – Free

Exhibit buildings

Open Thursday from noon – 8 p.m. and Friday from 9 a.m. – 11:00 a.m. to receive entries. The exhibit building will then close at 11:30 a.m. for judging and will re-open at 6 p.m. on the Friday evening.

Gates open: Friday : 4 p.m. – 10 p.m. Saturday : 7 a.m. – 7 p.m.

Friday:

Midway opens

6:30 - Mutt Show

7:30 - The popular Demolition Derby

Saturday:

Midway Opens

Petting Zoo on site all day. Pony Rides Mini Putt

9:00 – Light Horse Show

9:30 – Draft, Commercial Ponies, Hackneys, Roadsters & Heavy Horse Show

11:00 – 4:00 – Dairy Milking Demonstrations

1:00 – Fleece Judging – Sheep ring

1:00 – Purebred Hereford Show

1:00 – 3:00: Children's events featuring Checkers the Clown - face painting

1:00 – 4:00 – Children's Colouring Centre

2:00 – Sheep Show

3:00 – Horse Drawing Competition

2:00 – Sheep Show

9:00 – Country 105 FM Video Dance Party at the S.G. Nesbitt Memorial Arena in Minden

Entertainment on stage:

Friday: from 5:30 – 9:30 p.m. - "Blackfly Boogie Band"

Saturday:

10:30 – 12:30 – "Strings Attached"

12:30 – 1:00 – Clogging Demonstration"

1:00 – 3:30 – Karaoke "Back 40 Music Man"

4 – 8 p.m. – "R.R.#1 Band"

Saturday features the Karaoke Talent Contest starting at 1 p.m. There are three classes of competition, 10 years of age and under, 11 to 16 and 17 years of age and over. There will be cash prizes awarded to the top three in each category.



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K M & K Welding Enterprises

From Custom Trailers to Spiral Staircases - Ken & Ken Can Weld It Up

For recreational vehicle enthusiasts that are having a hard time getting those toys from place to place, K M & K Welding on Hwy. 648 in Harcourt now specializes in custom built trailers to suit your individual needs. Whether it's a utility trailer you need or a flatdeck, 5th wheel, dump or something for hauling your boat, ATV, dirt bike, personal watercraft, snowmobile, or even a combination of any of these, K M & K can build it.

Owner Ken Lewins Sr. and his wife Marge have resided in their home in Harcourt since 1966. A millwright by trade, Ken went to work for Martin Lumber, a booming business at the time and a cornerstone of industry in the area. By 1981, Ken decided the time was right to go into business for himself. K M & K Welding opened the doors of its multi-purpose shop which included welding services, auto repair and equipment rental.

At that time, Harcourt was a busy centre as Martin Lumber was still going strong. Ken had his work cut out for him keeping up with the demands of being a one man show, juggling the three different types of services he had available and Marge was busy raising their 5 children.

One of the children, Ken Jr., helped out in the shop as he was growing up whenever his Dad needed a hand. After going to College in North Bay where he took a 2 year course in broadcast journalism, young Ken returned home in 1999 to join the family business as Ken Sr. had developed heart

problems. By this point, the business had become strictly a welding shop.



Today, K M & K still offers its general welding services, and now includes their custom made items such as trailers, steel hand railings, steel spiral staircases and their campground style barbecues.

Their custom built trailers are built heavier and stronger than the assembly line style and the process of building

it is similar to the art of blacksmithing. Ken Jr. explains, "Every one we make is different. We will build any size, shape and even colour trailer that you have in mind." Because they are custom, the boys can make the trailer to suit your individual needs and even custom fit it to your vehicle. The trailers are not only well made to suit your needs, but also to suit the budget – they are quite reasonable! They can also whip one up pretty quick!!

As for the beautiful steel spiral staircases that K M & K specialty manufactures, Ken explains, "Our staircases are all custom made to match your home (meeting all building codes), and are available in all colours as well. The process of creating the staircase is again basically like blacksmithing as everything has to be bent, shaped and formed by hand. They come with either a vinyl cap hand railing that comes in any colour, or a wood hand railing, whatever your preference may be. We also do the installation for you."

KM&K Welding cont'd... pg. 5...

Pictured above are Marge, Ken Sr. and Ken Jr.



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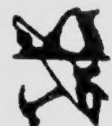
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Grand Opening of Circuit of 5 Viewpoints Trail

The Trails and Tours Network and the municipality of Algonquin Highlands are excited about the Grand Opening of Algonquin Highlands Circuit of 5 Viewpoints Hiking Trail.

The planning for this trail started last year and with the help of Peter Brogden, the chairperson of the Algonquin Highlands Trail Committee and the Ontario Rangers - a summer program that the MNR offers for 17 and 18 year old girls that are stationed out of the Frost Centre in Dorset - the trail was cleared and their goal was realized.

On Saturday, August 9th a guided hike departed from the parking area at Little Hawk Lake at the end of County Rd. 13. The complete circuit of the hike is approximately 6 km, with many steep ascents and descents connecting astounding views of Halls Lake and the Kennisis River.

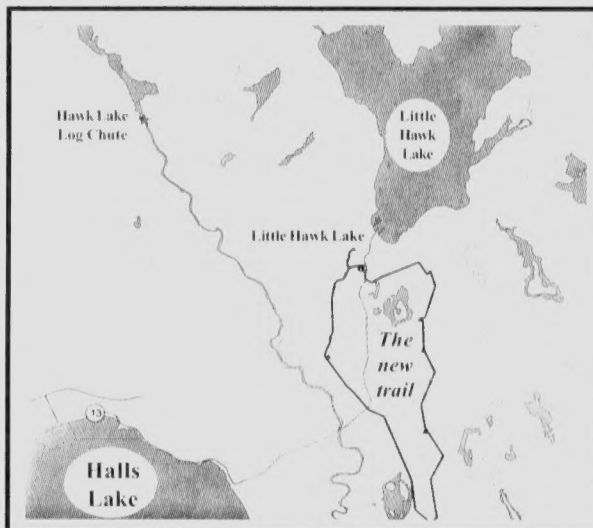
There's All Kinds Of Trails & Tours In Haliburton County

The Haliburton Highlands boast hundreds of kilometers of trails for hiking, mountain biking, cycling, horseback riding, paddling, skiing, snowshoeing and snowmobiling (and hopefully more for ATV's - watch for exciting news in the next issue of the Communicator for all you ATV enthusiasts.)

As well as the trails, you can enjoy the Highlands with one of the areas unique seasonal or year-round tours featuring the Haliburton County Annual Studio Tour, the Alternative and Green Tour, the Haliburton Highlands Bed and Breakfasts Heritage Tour, Where It's Art, Heritage Walking Tours of Minden, Rock On in Haliburton County-Mineral and Geology Events and Attractions, the Funky Shopper's Destination Tour, the Stanhope Heritage Driving Tour and the Highlands East Arts and Crafts Tour.

The Haliburton Highlands Trails and Tours Network is an organization dedicated to the development and promotion (ie.

Proper signage) of trails and tours in Haliburton County. They strive to provide quality recreational trail and tour opportunities for visitors and residents, protect the health and beauty of the natural environment, enhance the local economy, promote healthy lifestyles and foster community pride and participation.



Public Meetings Held To Discuss Numerous Projects

Trails and Tours representatives held a series of Public Consultation meetings about trail development in the Highlands throughout the county from July 30th through Aug 6th. These meetings were held to inform the public on what Trails and Tours is all about and to talk about their Hike Haliburton Project that will entail trail upgrades that include trail clearing, route definition, re-routing, signage and kiosks. The following trails have been

identified for upgrading: Beetle Lake Trail, Dorset Fire Tower Trail, Algonquin Highlands Trails and Tranquility Trail at the Haliburton Hospital.

Adopt A Metre & Help The System

Another ongoing project that is underway is the OSTAR (Rural Economic Development Fund) Adopt-A-Meter Project that includes the Head Lake Trail, the Haliburton County Rail Trail, IB&O Rail Trail, the Forest Heritage Trail (formerly known as the Log Chute Trail) and Trails and Tours Prototype Trail, Harrison Woods, which is located off Hwy 118, west of Carnarvon. This will be their showcase trail so that everyone can have the opportunity to see an example of what the Network is trying to accomplish for all the other trails in the County. This trail will be completed by the end of October.

trails & tours cont'd... pg. 7...

Who We Are

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KM & K Welding cont'd...

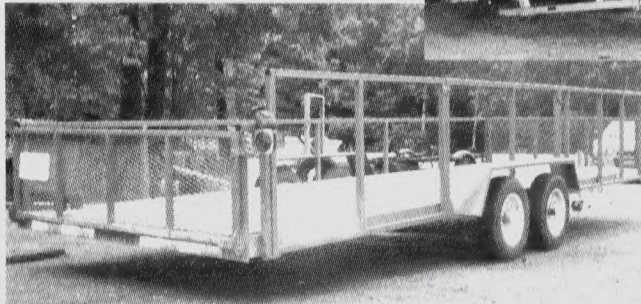
... from pg. 3

Their custom hand railings for stairways, walkways or room dividers are available in a variety of colours and created to your specifications.

The charcoal burning barbecues that K M & K make for campgrounds are great for the backyard at home or at the cottage too, especially if you're looking for a barbecue that is permanently mounted. Once its there, you'll never have to worry about it tipping over or being carried off by a bear (or anyone else!) and you'll have the added bonus of enjoying the unbeatable taste of charcoal broiled steaks, burgers or hot dogs! These are custom made of steel and a must see for the BBQ enthusiast whose longing for the charcoal taste.

K M & K Welding can weld aluminum, cast, steel and stainless steel for any general repairs you may need and they also sell steel, from I-Beams for residential construction to regular, small pieces of steel, such as flat iron for your do-it-yourself projects.

For more information on what K M & K has to offer, give Ken Sr. or Ken Jr. a call at 448-2186. You could be on your way, with your ATV's, snowmobiles, personal watercrafts - all in tow for an exciting adventure in no time!



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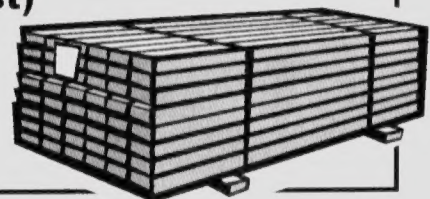
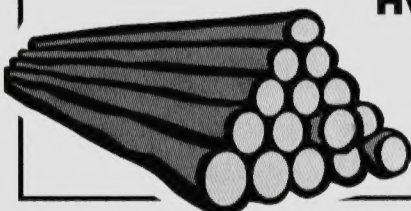
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International Youth Exchange Will Bring The World To Your Door!

By Janet Doner

"Think Globally, Act Locally"; it is a catchy phrase we hear a lot these days. For a team of 18 youth from across Canada, Kenya and Tanzania they will be exploring what it truly means to act locally in a global context during an exciting exchange program that will begin in Haliburton this fall. From September to December, a group of talented young people will be living and volunteering in the Haliburton County as part of the Canada World Youth program.

Canada World Youth, founded in 1971, is a non-profit organization which is funded largely by the Canadian International Development Agency. The organization facilitates cross-cultural, experiential education programs for youth from across Canada, Asia, Africa, Latin America, the Caribbean, and Eastern Europe. Canada World Youth works in partnership with organizations from various countries to provide intensive learning programs that offer young adults (between the ages of 17 and 30) the opportunity to explore the complexities of community and international development, to see more of their own country, to learn and understand more about cross-cultural communication, to acquire useful job skills, to meet people from all over the world, and to have an experience that will hopefully motivate them to become more globally and locally active citizens.

Haliburton has been chosen to be part of an exciting new program with Kenya and Tanzania that will focus on promoting biodiversity (the wealth of diverse eco-systems) and local community-based economic initiatives. The short history of this new tri-lateral exchange program is very interesting. Two years ago, the United Nations Development Programme launched a new project called the "Equator Initiative" to help reduce poverty in the earth's equatorial region through

the conservation and sustainable use of the earth's resources. A simple fact lies at the heart of the Equator Initiative's work: the world's greatest concentration of biological wealth is found in the tropics, in countries often beset by acute poverty. The biological wealth is under threat as never before. The way the Equator Initiative works is to internationally recognize communities that have demonstrated successful and innovative ways of promoting sustainable economic development in their region, and to provide ongoing support by helping communities to network with each other and to share ideas.

Last year, 27 communities around the world received international awards through the Equator Initiative for their outstanding and creative efforts in promoting biodiversity and sustainable economic development. Canada World Youth has formed a partnership with four of these communities (two in Kenya and two in Tanzania) to continue the exploration, sharing and networking of ideas around biodiversity and community-based economic initiatives.

The Canada World Youth group (6 Canadians, 6 Kenyans, 6 Tanzanians, plus 2 project supervisors) will spend the first three

months in Haliburton, then travel to Kenya to work in a Maasai community on an eco-tourism project for 2 months, and finish the program in a community in Tanzania where they will help with a soil conservation and sustainable forestry project for 2 months.

While the group is in Haliburton, the participants will live in counterpart pairs (in most cases, a Canadian with a Kenyan or Tanzanian) with a host family. This not only provides the participants with a closer connection and unique insight into Haliburton life, but it also allows community members the chance to share in the experience and learn more about other parts of Canada and East Africa. Hosts receive \$140/week to help cover the costs of food, gas, and household expenses associated with hosting two participants.

During the week, the participants will work voluntarily with community organizations and projects that have a special focus on biodiversity and sustainable economic development. Some of these work placements include the Haliburton Forest and Wildlife Reserve, the Fish Hatcheries, Trails and Tours Network, and Waverly Brook Farm. The group will also get together one day a week to explore community issues in more depth, and to facilitate language learning and group development. These Educational Activity Days are open to anyone who would like to join in!

The Canada World Youth program will not only offer a unique sharing and learning experience to the people of Haliburton, but the group will collectively contribute over 5000 hours of volunteer work to the community! In order for the program to be a success for everyone involved, there are certain things we need help with. Here are some ways you can get involved:

- Be a host family! (we also welcome people who would like to host for a short time if a host family goes away)
- Used bicycles and helmets we can borrow to help participants get to their work placements
- We are in need of a few single mattresses to lend to host families for 3 months
- Meeting spaces (large enough for 20+ people) for group meetings and special events

Exchange cont'd... pg. 7...



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Trails & Tours Update

... from pg. 4

Hiking Festival Coming In October

Another exciting event coming up in October is the Hiking Festival on Oct. 16th to Oct. 18th, which will be the 1st of its kind in the province! The idea for the Festival came out of an event strategy that the Haliburton Highlands Chamber of Commerce initiated a year ago. The Festival will include a series of hikes for all ages and abilities throughout the County. The staging area will be at Head Lake and each one will have a different theme as well as a guide. To top off the two day event, everyone will be invited to a Blister's Ball, featuring live entertainment and a silent auction.

As you can see, the Trails and Tours Network have many exciting projects going on right now that you'll be sure to be hearing more about in upcoming issues of the Communicator. So stay tuned!

The Network is always seeking volunteers to help on the Committees, in Marketing and Strategy, Finance and Operations and in many other ways as well, so if you're interested, give them a call!

You can reach Trails and Tours at their office in Carnarvon by calling 489-4049 or check out their website at www.trailsandtours.com.

Exchange Program cont'd...

... from pg. 6

- Events for the participants to help out with and activities for them to participate in
- Resource people who have a special talent or interest and would love to share it with the group
- Carpooling to special events, and the opportunity to join the group for a special activity
- Help make the participants feel welcome in the community by coming out to special events they will be involved with and introducing yourselves to them

If you would like more information on the program, or are interested in finding out how you can be involved in this exciting experience, please contact Janet Doner - Project Supervisor; (705) 455-9232 or email: jdoner@cwj-jcm.org.

Pictured: Past Canada World Youth participant assists with a community garden project during his exchange with Quebec - Burkina Faso

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Dumb Criminals

Can I Hitch A Ride... To Jail?

A group of citizens chased a man stealing stereos out of cars in Topeka, Kan., but he got away. A few minutes later, a man came up to one of the citizens, Justin Hollenbeck, and asked for a ride to a local pawnshop. Hollenbeck, a friend of one of the theft victims, recognized the man as the alleged thief. He let Michael D. Ramsey, 34, into his car — and drove him to a police officer investigating the car burglary. He was arrested ...Proving that criminals really are driven to return to the scene of the crime.



The Criminal In This Case is Truly A RAT:

Police in Caboolture, Qld, Australia, are upset that their station is infested with rats. Besides having to deal with them running underfoot, the rodents have broken into the station's storage area and are eating evidence from cases, such as "green leafy material nurtured by druggies," says Police Union general secretary Phil Hocken. That causes the rats to run around with "their eyes wide open, running frantically for no reason at all," Hocken says the officers "shouldn't have to work in those conditions."

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It's The Law!

These are actual laws that have been passed. Some have since been altered or removed but some remain on the books.

It's against the law in insane Francisco, California, for anyone to walk an elephant down Market Street unless it's on a leash.

In Piqua, Ohio, it is illegal for anyone to take a bath before 10 p.m.

At one time, men in Pine Island, Minnesota, had to remove their hats in the presence of a cow or risk arrest.

An old law in Maine made it illegal for a police officer to arrest a dead man.

An old law in Pittsburgh made it illegal for a housewife to hid dust and dirt under a rug.

In Chicago, Ill., it's against the law to go fishing while wearing pajamas.

An old law in Nevada prevented anyone from riding a camel on a public highway.



Haliburton Legion Celebrating 75th Anniversary

The Haliburton Royal Canadian Legion, Branch 129 is celebrating 75 years of serving Veterans and the community. On Saturday, August 30th, 2003 Haliburton Legion will be holding a Birthday Bash from 12:00 pm to 9:00 pm. There will be an "Open Stage" beginning at 2:00 pm. Beef on a Bun and a birthday cake will be served as well.

Branch 129 affects almost everyone in the community one way or another. The building is used for weddings, banquets, dances, parties, funeral receptions, meetings, Blood Donor Clinics, Department of Transportation tests and courses, elections, Cadets, Senior Clubs and much more.

The branch donates thousands of dollars to the community every year and the youth of the community is a high priority item. Everyone is invited to the celebration and to explore the Legion facilities. It is hoped that all past presidents will attend to relive past memories. There will be a souvenir booklet available.

While you're there, have a look at the outside parking lot wall at the "Wall of Remembrance" which is in progress and you may wish to purchase a "block" or two.



The Wear Your Bear merchandise program is a combined effort of The Women's Auxiliary and The Hospital for Sick Children Foundation. All proceeds from merchandise sales are directed to research and highest-priority needs at the Hospital for Sick Kids.

The merchandise in the Wear Your Bear line is fun, fashionable and of high quality. Locally you can...

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It's Prime Time for the Red Planet

Mars heads for its very close encounter with Earth this month

This summer Mars will come closer to Earth than at any time in tens of thousands of years. The planet will arrive at opposition to the Sun on Aug. 28, when it will rise at sunset and set at sunrise, as seen from Earth. This opposition occurs less than two days before Mars passes through the perihelion point of its orbit, when it is closest to the Sun.

For months visible only during morning hours, the Red Planet began in August rising around 9:45 or 10 p.m. local daylight time and peeks above the horizon about four minutes earlier each night. Mars is now the third-brightest object in the nighttime sky, after the moon and Venus. To the unaided eye, Mars is by far the brightest "star" in the late-evening sky. Venus is currently too near the sun to be visible.

Astronomers measure brightness of stars and planets on a scale in which smaller numbers represent brighter objects. Already dazzling, Mars attains unusual brilliance this month, reaching magnitude -2.9 on Aug. 22 and staying that bright through Sept. 3. Venus can reach magnitude -4.0 or brighter.

The minimum distance of Mars from Earth will be less than 34.65 million miles (55.76 million kilometers) at 5:51 a.m. EDT on Aug. 27, when the planet's apparent disk diameter will be as great as 25.1 arc seconds, the absolute maximum possible.

All that means the red planet will be bigger and brighter than you've ever seen. But what will you actually see?

It's not as if you'll suddenly notice any little green men or see the infamous "canals" once conjured through a bizarre misinterpretation. You will, however, notice an incredibly bright, colorful light in the sky. And with a telescope of moderate size, a patient observer might make out hints of surface features.

Check It Out On Your Telescope:

Anyone who has a telescope, no matter how modest it is, will probably want to find out what it can do with Mars. So what's to be seen?

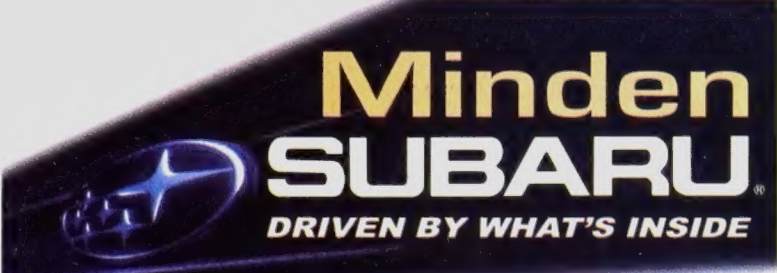
As the month progresses, the south polar cap — visible now to moderate-sized backyard telescopes — will be melting and shrinking down to a tiny white speck. The largest dark markings on the planet should be fairly easy to see in almost any telescope at 100-power and up, but finer details are notoriously difficult to spot.

Serious observers are keeping their fingers crossed that a major dust storm does not develop as Mars' closest approach to the Earth draws nearer. The last time Mars passed relatively close to Earth (though not this close), in June 2001, a planetwide dust storm veiled most surface features for months.

Earth and Mars are nearer than normal because they're lining up on the same side of the sun. A case of orbital fate, due to the fact that the planet's orbits are not quite circular, has made special what would otherwise be a normal "opposition" event: Earth will be almost as far as it ever gets from the sun, and Mars will be about as close to the sun as it can be.

This is closer to Earth than Mars has been in nearly 60,000 years. Mars won't come as close again until the year 2287.

A great place to star gaze is at the Haliburton Forest & Wildlife Preserve where they are equipped with high powered telescopes. Call for details: 754-2198



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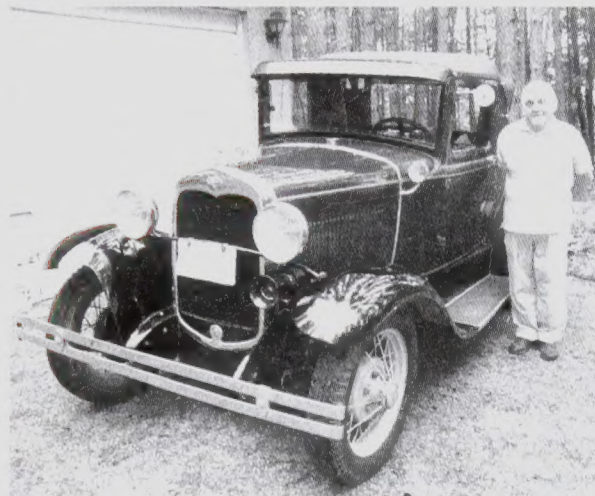


HALIBURTON COUNTY'S



CLASSICS-ANTIQUES & HOT RODS

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This 1930 model A Ford is owned by Camarvon resident Earl McMillan. It's considered a sports coupe with an imitation convertible top. Earl purchased the classic in 1958 for \$50.00. "I've spent a lot more than that to put it in it's current shape," states Earl. Although the engine has changed a couple of times, the original engine is back in its body now. It's a 4 cylinder, 40 hp engine and Earl says they reckon hp differently today than they did then!

The car seats two people in front and presto – a rumble seat in the back that allows two more happy riders to come along for a tour.

The car has a gas tank in the front and the fuel is gravity fed, meaning there is no fuel pump. The mostly steel body holds a paint job from the early 60's.

Thanks for showing us this old beauty Earl!

Ray Gurr
Haliburton

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HEALTH

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Body Rhythms Is Here To Help You Get Fit & Stay Fit

After spending ten years as a private personal trainer, Lisa Box has expanded her business, Body Rhythms and is offering her expertise to outside clients. Now located in the Patient News Publishing building on Hwy. 118 in Haliburton, Body Rhythms is a fully equipped cardio and weight studio with flexible hours and offers personal training either on a one on one basis or in groups of 2 to 4.

Lisa is available for fitness assessments, personal programs, fitness classes, energy breaks, personal training info sessions on fitness and health as well as advising you on motivational techniques.

Patient News Publishing saw the advantages of offering their employees a gym at work and hired Lisa to work with them. Lisa explains, "Hopefully more businesses will see the advantages of doing this kind of thing for their staff. Making this type of program available on the job, creates improved mental ability, reduces



stress and sickness and makes for happy, healthier people. Patient News Publishing is made up of very health minded people that believe in taking care of themselves."

Lisa first became interested in fitness and weight lifting while watching her brother. When she started doing it with him, she loved it and as she says, "It's been my life. I've been in a gym since I was 15, working in gyms in Toronto and running the one at my college. I also spent 8 years figure skating, which requires staying in good shape. Now as a personal trainer it's motivating for me to watch my clients get fit and healthier and seeing them reach their goals."

Give Body Rhythms a call for a consultation at 457-2843 and get on your way to a fitness assessment and personalized program that's just right for you. The first 2 people to call to book a consultation will get a free pre-assessment!

Have you ever wondered, "How Can I Help?"

A member of your family has been diagnosed with cancer. A friend's spouse has died in an accident. A fellow parishoner confides to you that her cancer treatments are no longer working. A patient in the care facility where you work has fallen into a coma and is not expected to recover.

Perhaps you have been in situations like these and wondered, "How can I help?" It is not at all unusual to feel uncertain about what to do or say for someone who is facing or grieving the loss of a loved one, or who is living with a life-threatening illness him or herself.

SIRCH Community Services & Consulting is offering a 5-part course in palliative support called "How Can I Help? Supporting People in Dying or Grieving". This course is open to anyone who works or volunteers in palliative situations, or who is just interested in learning more about how to support someone who is facing a life-threatening illness or who is

grieving. The course topics include: active listening skills, attitudes and values, communicating with someone who is dying, understanding the grieving process, and the impact on the family. Sessions are very interactive, with lots of opportunities for discussion and sharing. You will finish with a greater understanding of how to be helpful in these difficult life situations.

The course dates are September 3, 8, 10, 15 and 17, 2003. Each session runs from 6:30 - 9:30 pm. The course will run in Haliburton. Cost for the entire course is \$25.

This course is also a prerequisite for entering SIRCH Hospice Volunteer Training, which will take place later in the fall. Call for details if you are interested in becoming a Hospice Volunteer.

For more information or to register, please contact Sue Shikaze at SIRCH Community Services and Consulting, 457-1742 ext. 24.



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Advice from the Beauty Expert

Q. - Do you have any tips for hair brushing?

It seems like such a simple and obvious thing – using the right tool for the job – and yet few people do it. The choice of brush can affect how fast your hair dries, how smooth it is and how much volume you can create. Good-quality bristles protect hair from splitting and stretching, making styling and combing easier and painless, while poor-quality brushes and combs will scratch the scalp and damage the hair shaft. When choosing a brush, always check that the teeth and bristles are smooth.

Paddle brush - Broad and rectangular, it smooths hair and works best on long, straight styles. The rubber cushioning on the paddle ensures extra-smooth, static-free hair

Roller and curling brushes - Used with a hairdryer, roller and curling brushes become mobile curlers and achieve volume. Some have a metal barrel that conducts heat from the dryer to reduce drying time. These can be detached from the handle to form a roller, which is ideal for creating long-lasting volume. If your hair has a tendency to be static, then lightly spray the metal barrel with hairspray

Volumizing brushes - These are the ones with an "open" head and fewer bristles or teeth than most other brushes. The holes work like air vents to circulate warm air from a hairdryer and increase volume and bounce.

Smoothing brushes - An essential day-to-day brush that often has a rubber cushion holding the bristles, helping to counter static electricity. It is good to have a mix of natural and nylon bristles – nylon ones will grip, while natural will smooth.

Tail combs - Used for sectioning hair when blow-drying or setting, they are the only way to create a perfect part.

Pick combs - These "open" up curls and separate kinky, wavy hair.

Fine and medium combs - Both of these are used for backcombing and delicate detangling, but are best used by a hairstylist.

Wide-tooth combs - Use these to comb conditioner through wet hair.

Brushstrokes - Hair is elastic to some extent, but harsh brushing will overstretch and ultimately break the hair.

1. Always brush your hair before shampooing to massage the scalp, help loosen dead skin cells and detangle any knots (the hair becomes more fragile and thus more difficult to detangle when wet).

2. Always brush hair from the tips up, not from the roots down. This is the best way to detangle hair.

3. To remove a tangle, comb from the base of the tangle to hair tips, working upwards slowly.

4. Once hair is tangle-free, brush from the roots to the tips to distribute sebum along the hair shaft and increase its natural shine

5. Ignore the "100 brushstrokes a day" credo. Too much brushing will overstimulate sebum production and increase the chances of oily hair, breakage and split ends. In Victorian times when this old-wives' tale was coined, 100 strokes a day was a good way of preventing hair lice from multiplying because it destroyed the eggs and damaged the insects. Yuck! Times have changed and now so should our grooming habits. Rapunzel had more time on her hands than you.

6. Keep brushes and combs clean and free from stray hairs and product build-up. Add a little shampoo to lukewarm water and soak them for about five minutes, then leave to dry naturally.

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For Your Eyes Only

by Lance Edwards

How Old Are Your Frames?

Many of us get so used to wearing our glasses that we think they will last forever! If you need to wear your glasses every day, the wear and tear alone makes it a miracle that the frames last as long as they do, which is certainly a testimony to the quality of our frame technology today.

When you have your eyes examined every two (preferably one) years, you should get new frames.

It's only practical that a frame cannot be expected to have the strength it did when first purchased. Frame technology is changing and improving so rapidly and the newer materials are better made, lighter and have many more valuable attributes.

Cosmetically, styles change. New frames not only improve your looks, they are your number one fashion accessory. Remember that people look at your face first, before they see your outfit, shoes and other accessories.

Make new frames a first choice.



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Lance Edwards

Don't Forget Tag Day



Your chance to help the Haliburton Highlands Health organization is taking place August 15 through the annual Tag Day.

Please support your local hospital by buying a tag from the volunteers situated in various locations throughout the county that day.

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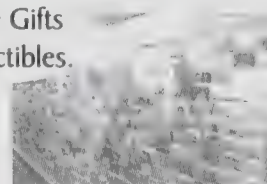
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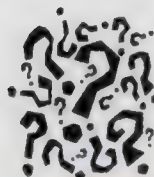
**Great News!! The fall Calendar of
Events is on the press.** Keep

informed, email or hard-copy available
connect@serenityvisionofhope.com

Cool Snapshot of the Month



I couldn't resist sharing this one. This picture is just way too cool... It was sent in by Larry Levely who finds me tons of great pics and funny stuff!! Thanks Larry!! Now this is professional photography at its best!



WE ASKED YOU!

If you could travel anywhere in the world, where would you go and why?



Phyllis Fitzgibbon of Cardiff

"I don't really want to go anywhere other than Canada because I love it, especially up here."



Paul Drake of Irondale

"I'd really like to go to New Mexico for the climate. Dry heat during the day and cool nights."



Derrick Parke visiting Wilberforce

"Australia for the wildlife and to swim with sharks"



Richard Young of Wilberforce

"I'm going to Hawaii because I've never been there before and I hear it's beautiful."

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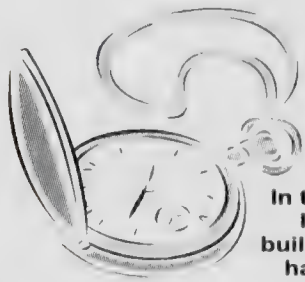
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OUR HISTORY

A Step back in time ...

In this column we look at some of our local history - be it historic sites, buildings, events, places or people that have been part of this great county.

If the walls of this wonderful old building could speak, they'd have many interesting stories to share about the early days in the lives of the first settlers in Haliburton County. During the early years of hard work and toil that it took to make Haliburton a thriving settlement, the Town Hall became more than a place for the first council to hold their meetings. To the people of the community, it was a place to get together, have some fun and to put aside their struggles for a few hours. Whether it was to watch a play, listen to a brass band, play a game of cricket outside on the grounds, check out the entertainers that came occasionally from various cities or to mingle at one of the many box socials that were held, this site became the community recreational and cultural centre. It was also the place you were taken to if you were prone to a little rabble rousing and needed to be thrown in the pokey (jail) for the

night!

The Dysart Municipal office has been an opera house, a dance hall, an armoury, and a jail! Now home to the municipal offices.



The Town Hall was located on Block C of the town plan of Haliburton. The land was purchased from the Canadian Land and Emigration Company of London, England for \$100.00 on May 15th, 1869. Up until this time, the first council of Dysart had been holding its meetings in the log school house in the village, so the erection of the hall in 1871 was a welcome addition to the community. The original wooden structure was named after the 1st Reeve of Haliburton, Captain John Lucas but was destroyed by fire on July 4th, 1895.

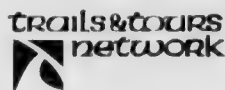
In April of 1897, a resolution was passed by council approving the building of another Town Hall on the same site as the original one. The tender for the new building was Alexander MacLeod of Fenelon Falls for the sum of \$2,200. The work was to be

Our History cont'd... pg. 18 ...

Haliburton Highlands Trails & Tours Network

We at Trails & Tours would like to extend our sincerest thanks to the following individuals and businesses that made our move easier and our office more comfortable.

Bob & Pauline Johnson
Carol Moffatt
Don Gage
Elinor Hamilton
Kate Hall & U-Links
McKee Security
Paul Bacon
Rick Samelko
Systems Software & Support
Carnarvon Castle True Value Lumber & Staff
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Dwayne Lloyd, Haliburton Community Funeral Home
Haliburton Highlands Chamber of Commerce
Leslie M. Frost Natural Resources Centre
Mark Creelman - R&D Computer Solutions
PharmaSave
Sharon, Bob & Corey Briscoe



Join us for refreshments and check out our new displays.

In celebration and appreciation of volunteers

Open House

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6:00 - 9:00 p.m.**

at our new location

**Carnarvon Castle True Value Lumber
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**Everyone
welcome
Kindly
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And a **HUGE** thank you goes out to our stellar volunteers and to our Board and Executive Directors whose dedication to Trails & Tours have made our growth a reality

Al McPherson
Anne-Marie Cyr
Bill Hutson
Bob Johnson
David Bishop
Eleanor Harrison
John Thompson
Ken McPhail
Len Pizzey
Mary Nabozniak

Nikkita Tomenko
Sally Moore
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Brian Menton
Don Gage

Gary Clements
Kate Hall
Larry Hewitt
Mark Coles
Mike Townsend
Peter & Margaret Brogden
Sean Pennylegion
Stephen Taylor
Verne Brinsmead

Our sincerest apologies to anyone we may have overlooked

Hillhouse Gallery

A Turn Of The Century Home Filled With Artistic Treasures

In 1980, when Mary Hastings and her husband Peter Epps first noticed the quaint little house perched on the hill on Mountain Street in Haliburton, they knew they'd found the perfect home for themselves and the art gallery they had always wanted. Mary, an artist herself, saw the potential in the house for displaying her work as well as a wide variety of other artists. Peter - who is a contract engineer - and Mary quickly went to work renovating the building.

The house was built at around the turn of the century by Ferdinand Seep, who according to Mary, was a well-known builder in the area. The couple did their best to try to keep the general character of the original structure.

The Hillhouse Gallery eventually opened its doors to the delight of Mary and Peter. The works of many talented artists from the Oakville area were displayed as Oakville had been Mary and Peter's hometown prior to coming to the Highlands. As Mary started getting to know the local artists of Haliburton County, more and more of their wonderful works went on display in the gallery.

Unfortunately, Mary became ill and the couple had to close down their business for a period of time but thankfully, Mary recuperated and the Hillhouse Gallery re-opened for business, 3 years ago.

Now as you stroll through the gallery, you'll find a wide and diverse collection of artworks on display by many of the gifted artists that live full time or part time in the county. From the collection of watercolour, oil and acrylic paintings, to the displays of baskets, blown glass, stained glass, silk scarves, sculptures of many varieties, folk art and incredible woodwork, the talent and craftsmanship of the various artists will amaze and delight your senses.

Painting has been a life long passion for Mary and has shown her work at various places such as the Burlington Art Centre (of which she was part of the committee that founded it), and galleries in Hamilton, Oakville and Newfoundland. Mary explains some of the things that inspire her to paint, "I loved painting Newfoundland. It's incredibly beautiful. The general atmosphere and scenery are amazing. I do a lot of landscapes, figure drawings or faces. I especially enjoy doing children, as well as etchings and prints. I do a bit of everything actually, depending on the mood of the moment. I also get greatly inspired by the hills and lakes so if I come upon a view of a lake



with hills as a backdrop, I'm in my element. If the day is right, the sun's right then the spot is right."

Mary also finds pleasure in the winter months in the Highlands. "It's nice to have the fall and winter to paint when we close the gallery for the season. I enjoy painting winter landscapes. They don't as a rule sell as well as paintings of the other seasons, but I really find them a pleasure to do."

Peter has recently found his forte in the art world as a sculptor. You can find samples of his newly found talent in creating birds and animals out of soap stone and clay, finished by smoke firing, on display at the gallery as well.

For more information about the Hillhouse Gallery, you can reach Mary or Peter at 457-1375 or just stop by to say hello. You can see the back of the building if you look beside the

Haliburton IGA - look up - way up. There was a time it was hidden by the old IGA building, but now you can see it quite nicely form the main street of Haliburton. You can visit via this entrance up the stairs, or drive around to the front of the building off Mountain St. Business hours are Monday - Saturday, 10 a.m. - 5:30 p.m., and Sunday 1 - 4 p.m.



Mary is pictured left by some of her artwork. Above is the view of her gallery from the IGA parking lot. You can reach the gallery from this

way, or from the front, located off Mountain Street.

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THE WELCOME WAGON

This column is dedicated to introducing new owners of existing businesses in our area.

Welcome New
Owners Robert &
Colleen Vassos and
family.

Wedgewood Marina Open Year Round

If you've been to Wedgewood Marina since the end of May, chances are you've met the Marina's new owners, Robert and Colleen Vassos. If not, they would be more than happy to meet you and help you in any way they can with Wedgewood Marina's products and services.

If you're not familiar with Wedgewood Marina, it's located on Hwy. 35, between Minden and Carnarvon, right on 12 Mile Lake. The Marina is open year round and is a dealer for Mercury, Merc-cruiser and Yamaha. They carry a wide range of boats, including Doral, Thundercraft, Starcraft, Triumph and Legend fishing and pontoon boats.

Lets not forget, you can also find pleasure crafts, paddle boats, canoes, kayaks, water toys, and a full line of accessories there as well.

If you're more interested in staying on land, be sure to check out the Yamaha line of ATV's and snowmobiles.

You can also expect the experienced staff to help you out with your parts, service and storage for your boats. Yes, you can even rent a boat for a day at Wedgewood Marina. Many of the staff members will be familiar faces to past clients - they have stayed on with the new owners to continue to provide great service to their clients.

Robert and Colleen purchased the Marina on May 22nd of this year and are enjoying the new venture. "We felt this would be a good business for us," says Colleen. "I'm a mechanical engineer and Robert is an accountant. We've been looking for a business that would compliment our strengths and we're happy to be here. We both have a strong background in customer service in the auto industry. It's an exciting business and we're right on the water and it is great to work and play in the water. We both enjoy working with people and meeting people too." They add, "this business is all about people and customer service and we will strive to meet all our customers requirements."

Wedgewood Marina has a snack bar on the property which is open from 11:00 am to 8:00 pm daily and a convenience store open from 8:30 am till 8:00 pm daily as well. Check out the burgers at the snack bar (they're really good!) and take a stroll to check out some of the boats and ATV's.

To reach Wedgewood Marina, call 489-2320. You can also visit their updated website for some great deals at www.wedgewoodmarina.com.

Pictured above is the Vassos family, Robert & Colleen with children, Larissa (oldest daughter), son Alexander and Hilary.



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Lange On The Law



A Motion in a Lawsuit

A motion is a hearing in court before the trial of a lawsuit. It often involves seeking a court order to resolve some procedural dispute as the lawsuit proceeds to trial. For example, a party may be refusing to produce certain documents to the other party on the basis that the documents are protected by a solicitor-client privilege or the party may be refusing to answer certain questions in an examination for discovery (the disclosure examination) on the basis that the questions are not relevant to the subject matter of the lawsuit.

The motion is heard in open court but there are no witnesses giving oral evidence. The parties file written evidence in the form of affidavits. An affidavit is a statement by a party of the facts relied upon in the motion based upon direct knowledge, or upon information and belief, and the affidavit is sworn before a lawyer. There may also be cross-examinations on the affidavits to test the veracity of their contents and the cross-examinations are typed up and submitted to the court as transcripts of the evidence. To facilitate the court's assessment of the motion, the "moving" party often submits a concise statement of the facts and the law relied upon and the responding party may file a reply statement.

A motion is an expensive interlocutory proceeding and should only be taken when the expected results will significantly help a party's case. However, some parties, with the financial resources, will motion the other party "to death" and this can wear down the litigation resolve and the financial resources of the responding party.

In the next column, I will be talking about the differences between a tribunal and a court.

You need only two tools. WD-40 and duct tape. If it doesn't move and it should, use WD-40. If it moves and it shouldn't, use the tape.

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CRAZY But True Law Suits

Attorney Philip Shafer of Ashland, Ohio, flew on Delta Airlines from New Orleans to Cincinnati and was given a seat, he says, next to a fat man. "He was a

huge man," Shafer says. "He and I [were] literally and figuratively married from the right kneecap to the shoulder for two hours." He therefore "suffered embarrassment, severe discomfort, mental anguish and severe emotional distress," he claims in a lawsuit against the airline. Shafer figures this embarrassment, discomfort, mental anguish and emotional distress could be cured by a \$9,500 payment from Delta. If Shafer isn't careful, that might be dwarfed by the divorce settlement his "huge" (seat)mate might demand.

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An Actual UFO Landing Pad ... in St. Paul, Alberta, Canada

There is a map of Canada embossed in the centre of the back stop of the Landing pad. The map is made of stones that were provided by each province of Canada. It has six 30 inch concrete pylons that make up the main column.

To the first-time tourist, St. Paul, Alberta., could easily pass for a set from The X-Files. The billboard at the edge of the small farming community about 200 km northeast of Edmonton welcomes visitors to the world's first UFO landing pad - a circular cement deck attached to the chamber of commerce. The chamber itself looks like a spaceship. Businesses with names like Mama's Flying Saucer Pizza & Breakfast and the Galaxy Motel line the main street. Even the town's mascot, Zoot, is an extraterrestrial that looks like a large-eyed blue bug. The biggest surprise, though, may be just how long it's been since the townsfolk put out the alien welcome mat. "The landing pad was built during Canada's Centennial," explains Mayor John Trefanenko. "People wanted to create something that would be recognized around the world. Over the years, we kept building on that theme."

And build they have. UFO fever has spawned an industry in the town of 5,000 that brings in some 30,000 visitors a year. Along the way, some townsfolk have developed otherworldly areas of interest. Fernand Belzil, for instance, a semi-retired cattle rancher, is one of

Canada's few experts on a grisly type of animal mutilation in which all the blood has been drained and certain organs surgically removed. The lack of footprints surrounding the carcasses has led some to rule out natural predators and practitioners of satanic rituals. So that leaves, perhaps, creatures from outer space? "It's as if the body is dropped from the sky," says Belzil, who has investigated more than 60 mutilations, predominantly of cattle, in Western Canada. "Six years ago, when the chamber got a call asking if they knew someone who could check out an animal, I went thinking no way. It wasn't killed by aliens. Now, well, I'm not going to come right out and say there are UFOs. But like a lot of people in town, I am a little more accepting of strange phenomena."

No joke, folks: turns out the residents of St. Paul aren't alone in believing the truth is out there. A 1996 Angus Reid poll found 70 per cent of Canadians believe intelligent life exists elsewhere in the universe, and just over half of those sampled said they thought the planet had already been visited by extraterrestrials. Throughout the country, numerous UFO groups monitor alien encounters. They estimate as many as 10 per cent of Canadians have seen unidentified flying objects — and reports of sightings are as numerous as ever.

In Canada, the first documented sighting of what is commonly considered a UFO was in the winter of 1792. David Thompson, a Hudson's Bay Co. explorer, and a companion were camped out in an isolated area of what is now Thicket Portage, Man., when they saw a large "mass of jelly" fly through the air and crash to Earth. As Thompson noted in his journal, they failed to find it. But several days later, he reported a second, similar sighting. Judging by the thousands of reported sightings since, the skies over Canada are a busy place.

ARE WE ALONE?

Canadians reported about 200 UFO sightings in 1998, 259 in 1999, and 263 in 2000, according to the Canadian UFO Survey.

About five percent of all reported sightings are considered high-quality cases that cannot be explained.

Most reported sightings occur after 10 p.m. The busiest time of year is September and October.

In Alberta, there have been 17 sightings this year. There were 14 last year, either in 1999, and 12 between 1995 and 1998.

The UFO hotline in St. Paul is 1-888-SEE-UFOS.

The Odysseum space and science centre also takes reports of UFO sightings at 452-9100.

Pilots are obligated to report strange occurrences in the sky.

The Alberta UFO Study Group tracks reported sightings at www.aufosg.org.

Sign beside the pad reads:

"Republic of St. Paul (Stargate Alpha). The area under the World's First UFO Landing Pad was designated international by the Town of St. Paul as a symbol of our faith that mankind will maintain the outer universe free from national wars and strife. That future travel in space will be safe for all intergalactic beings, all visitors from earth or otherwise are welcome to this territory and to the Town of St. Paul."

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EVOLVING IN A WIRED WORLD

by John Pender

"Do You Buy On-line?.... You Can ... It's Safe"

Ok. So. What do you buy? Do you buy it online? NO!!! You're pulling my leg. Didn't anyone tell you that the Internet is the "Shopping Channel" of the new millennium!!!

I sit for hours perusing DVDs and CDs that I can't afford on amazon.com and HMV.com. Free delivery they say. I watch the auction numbers role as I try to decide whether to bid on the rare piece of fossilized whale feces on eBay.com. - Try to decide which teddy bear best suits my mood as I surf through teddytime.com (a local online establishment that falls into the bricks and clicks category ... you have to check them out sometime). Then I try to cancel my book of the month from columbiahouse.com. I downgraded my AT&T cell phone plan at shoprogers.com because who needs a damn phone when I can talk online and never leave the house. I just spent seven thousand dollars and it isn't even seven am yet - but am I going to have some neat new stuff!!!

I lived in Toronto not that long ago and used to shop at.... that's right.... malls. Places with big shiny signs and glass doors and row after row after glossy, cloned row of stores. The Gap and Roots and Richards Big and Tall. The It Store and Sears and Eaton's (which isn't really around anymore since their garrison smelling perfume section in the malls seems to have lost out to the more sedate smelling places in Sears and The Bay). Now I can cruise their Internet doors and not smell anything but my coffee and cigarette. I can check out the sale bin naked if I like. Chat with the store clerk and ask things that I could never get away with in person.

"So. Ok. Um. What time is it?" "Do you have that in blue?" "Where is the washroom?" (That's a trick question!! because the bathroom is right over there... behind me, just to the right of the armoire in the living room)

So why the short trepid steps to use your credit card online? Why are we as Canadians so far behind the eight ball buying stuff on the Internet? It can't be me. I spend the equivalent of the national deficit on clothes at roots.com. I think people think it is scary to type your credit card number into your computer at home and have a machine that you can't see process it. Then have a receipt spit at you telling you that your bank would like their credit card back - please and thank you (well that's just me, other people get receipts saying that they can expect a lovely couriered package in the next couple of days). It's not like we don't, as Canadians, spend money freely and unwisely like our neighbours in the USofA and Sweden and Iceland. We are just a tad more skeptical of this Internet craze - This CB radio of the technology generation - This lava lamp of electronics.

We are scared that someone is going to line up a killer satellite dish and point it at our house and hold our passwords for ransom. That land sharks with six shooters are going to swim through our telephone lines and steal our credit cards and hold land shark parties

**Nobody is going to steal your credit
information!!**

in Vegas with their ill-gotten proceeds

Ok. So the moral of the story is this. Nobody is going to hack into your computer to steal credit card information. Although I wish I could find a land shark about now, then I could claim that they are the beasts that spent seven thousand dollars on whale poo. Criminals use technology to make life easier for them, not more complicated. They don't steal credit cards. They make their own credit cards. If you are a criminal mind and want to steal someone else's credit stuff, you would probably find it easier to sort through a garbage bin and take copies of receipts or mail. It is more appropriate (if you are a bad guy) to break into a bank and steal their hard drives and have all the banking information about all the bank's customers

Almost all transactions conducted over the Internet are secured with 128bit encryption. That means that if you sat a million monkeys in a room with typewriters, none of them would ever be able to duplicate a key to unlock your stuff. Ever

John Pender

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**Cooking tip: When baking - follow directions.
When cooking - go by your own taste!!**

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Websites of Interest

Cool Website of the Month:

Here's a fun site a buddy passed along to me. Go to www.smilepop.com press the Fun Flash button and check out some of the neat little animated cartoon messages you can send to people.

There are hundreds of them... Enjoy.

Local Business Websites of the Month:

www.wedgewoodmarina.com



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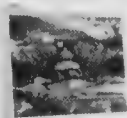
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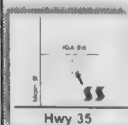


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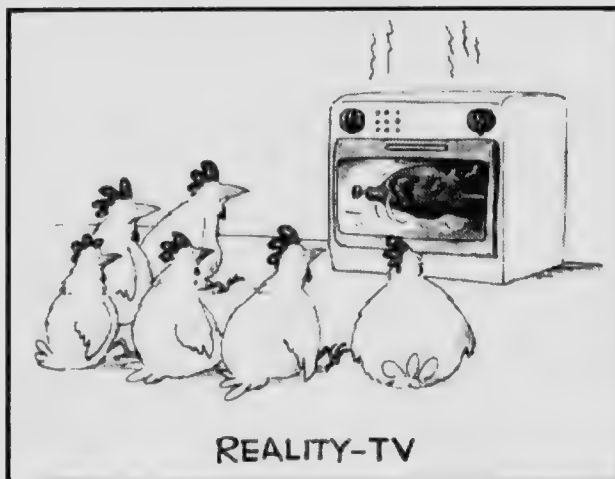
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Join The Wilberforce Legion For Some Slow Pitch Baseball Fun!!



Be sure to get in to the Royal Canadian Legion in Wilberforce to sign up for the Slow Pitch Tournament taking place on Sunday, August 17th at the Wilberforce Ball Diamond. Open to everyone, (members as well as non-members) of all ages, this fun eventful day begins at 1:00 pm at the diamond and is followed by a barbecue afterwards, back at the Legion.

This is the 3rd year for the Legion's Slow Pitch Tournament and if the success of the first 2 is any indication, this is sure to be a great day!

For more information, call the Wilberforce Legion at 448-2221.

Win Dinner For Two

How would you like to win Dinner for Two at "That Place in Carnarvon" - a new restaurant in Carnarvon?

You could win if you answer the three questions below that pertain to "That Place in Carnarvon". The answers to the questions can be found in a feature story we did on "That Place in Carnarvon" on page 34 & 35.

Write your answers to the three questions, along with your name, address and telephone number and send them to The Communicator at Box 332, Wilberforce, Ont. K0L 3C0 or fax: 448-1995 or email: highlands@thecommunicator.ca

- 1: Whose wing recipe do they have?
- 2: What are they considering for the immediate future?
- 3: What Lake can you see from the Restaurant?

We'll throw in a free "Collectors Cartoon Map" of Haliburton for the winner!!



For The Kids

Summer Fun Camp

Hey kids! Getting a little bored yet with your summer holiday? Not sure what you're going to do to get through the rest of August? Well here's a great idea for you! The Children's Learning Centre on Prentice Street in Minden is offering a Summer Fun Camp for kids 6-12 years old.

This program runs from Monday to Friday beginning on August 11th until August 29th and many activities are planned to make the last few weeks of the summer holiday exciting.

All three weeks of the camp will have a theme. From Aug. 11th to Aug. 22nd the theme will be Legends and Fairy Tales. You'll have the chance to be your favourite fairy tale character and write your own script using all the other characters as well. You'll be able to create your own costumes and perform your mixed up play for everyone!

From Aug. 25th to Aug. 29th the theme will be Sports Week. This whole week will be full of sporting activities. Everything from baseball at the ball diamonds to hockey in the backyard. There will also be a day at the skateboard park for biking and roller-blading. To top off the week, a full day of water fun is to be had on the 29th so be ready to get wet!

The Summer Fun Camp program is one of many that are offered through Ontario Early Years Children's Learning Centres (formerly known as CHACE). Their toddler program, pre-school program and the after-school programs run throughout the year and their Day Care Centre as well as their two Resource Centres, have much to offer the parents in their respective communities.

For more information on the Ontario Early Years Learning Centres or to register for the Summer Fun Camp, call 286-4074. The cost of the camp is \$21.00 per day or \$100.00 for 5 days. Have fun!

Advice to live by: Never give yourself a haircut after three margaritas.

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Laidlaw 1st Rider Program

It's getting close to that time again of running around to find everything the kids need to start their school year off on the right track. For parents of youngsters that have never been on a school bus before, the Laidlaw 1st Rider Program is a great way to introduce them to this experience



Laidlaw Bus Lines is offering this program at the Ontario Early Resource Centre in Minden on August 19th, beginning at 11:00 am. The Resource Centre is located on the Main St. just at the back of the Sears Catalogue Store

Starting at 11:00 am, the children will be shown an interesting video about bus safety, then after the show, parents and children will have the opportunity to go for a ride on the bus. The kids will get the chance to practice getting on and off the bus safely and the driver will be explaining some of the rules such as keeping backpacks out of the

aisles, no hands out the windows and so forth

After their adventure on the bus, all will receive an informative colouring booklet and have the opportunity to ask any questions they might have.

To sign up for the program or for more information, call the Ontario Early Years Resource Centre at 286-1770.

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Haliburton Highlands Outdoors Association

By Shirley Lucas

What makes the Highlands so special? How many times have you heard people say that after spending time here, they've fallen in love with the area and either want to move here or already have?

A few of the main reasons are the beauty of our surroundings, the many clean, clear lakes we have as well as the incredible wildlife that we enjoy right in our own backyards. No wonder the Highlands are considered by many to be God's country.

These reasons are what make it so important to understand and support such organizations as the Haliburton Highlands Outdoors Association (HHOA) and all that they are trying to accomplish for our wonderful surroundings.

The HHOA is a non-profit organization, founded in 1992 that is committed to the sustainable management of our natural resources. Their membership is made up mainly of hunters, fishers and trappers as well as a diverse group of permanent and seasonal residents.

The objectives of the HHOA are to promote the outdoor sports of hunting and fishing, to work toward improving wildlife and fish habitats - including non-game species in cooperation with the Ministry of Natural Resources and with private land owners and to provide education to its members and the public on game, fish management, as well as the wise use and conservation of our natural resources.

In order to achieve their goals, they have undertaken a number of fish and wildlife enhancement initiatives. For example, four annual projects that the HHOA are responsible for include the Lake Access Point Clean-Up Program, the Emergency Deer Feeding Program, the Lost Dog Program and the Haliburton Fish Hatchery and Haliburton Lake Trout Project.

They also are involved in large community oriented programs

such as their partnership with the education sector that encourages public tours of the local fish hatchery, and encouraging student and community involvement on fisheries management by offering volunteer and work placement opportunities.

Kyla Matheson, who has been the manager of the Fish Hatchery for 2 years, explains a little about what each of the programs are about, "The volunteers of HHOA get involved by

cleaning up garbage, glass, nails and discarded items from boat launches, hunting camps, camps on crown land and nature trails. This program covers fifty lakes in the Highlands. In November, we start our winter deer feeding program to monitor snow depth and

temperature so we're able to tell how much energy the deer are using to maintain their body fat. If needed, we distribute feed free of charge, in partnership with the MNR. With the lost dog program, the HHOA sets up temporary dog pounds during the hunting season, starting from the beginning of the hunt to two weeks after it's over."

The HHOA has 20 dog pounds located within the Highlands for the scores of dogs that go astray while on a deer hunt. The volunteer services of the pound operator and donations gathered through the HHOA allows the dogs to remain at one of these pounds. All dogs are kept in sanitary conditions, provided with shelter, food and water.

The Haliburton Fish Hatchery is located on County Rd. 1 just south of Haliburton - it is an amazing place where new fish are raised for release to restock our local lakes. It is also the home of the HHOA offices. This site was once a commercial fish hatchery before the HHOA purchased it. After reviewing the facility that was there, it was concluded that it needed to be upgraded and developed to realize its full potential. The Ministry of Natural Resources affirmed its support for the HHOA and its fish hatchery project by providing a \$162,000 Fish and Wildlife Protection and Enhancement grant to construct a new hatchery building.

Outdoors cont'd... pg. 27 ...



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watersports



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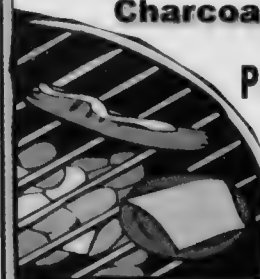
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Hatchery responsible for raising over 200,000 trout

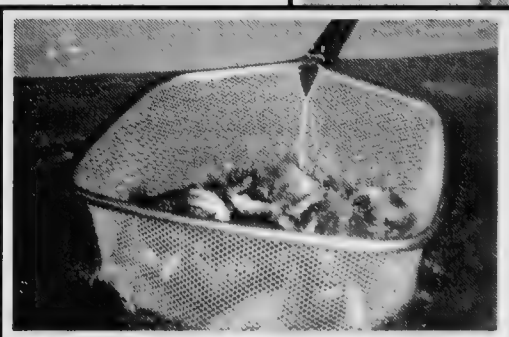
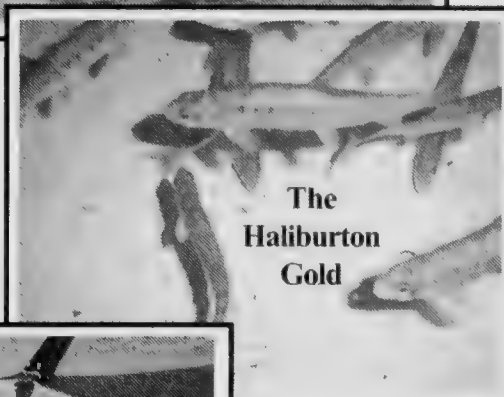
The new hatchery opened in April of 2000 and has since been responsible for raising over 200,000 trout, successfully cultivating and stocking such lakes as Miskwabi, Esson, Koshlong, Lipsy and Loon, as well as being responsible for the lifting of the winter season restrictions on Drag Lake that had been in effect for 14 years.

The hatchery is operated by approximately 50 volunteers who perform daily fish culture duties including fish feeding, water quality assessment and data recording. The success of this vital project is dependant on these volunteers and people who care about the hatchery and it's future.

The goals of the hatchery are to preserve, culture and develop the Haliburton lake trout strain, to increase public awareness of natural resource management, to promote community involvement in sustaining local fisheries as well as to give local secondary school students the venue, experience and enjoyment of hands-on environment projects including scientifically recognized monitoring and inventory procedures and to promote the restoration of local lake trout stocks; in particular the genetically unique strain of "Haliburton Gold".

Lake Trout is the most sought after species of fish by local and visiting anglers. Fishing and fishing related tourism has played a major role in the popularity of Haliburton County for over 200 years according to the HHOA. The aim of the HHOA is to re-establish a quality lake trout fishery which will be sustainable for future generations and so our population of fish are not allowed to decline through natural conditions or fishing pressures.

For more information on any of the projects the HHOA is involved with or for any questions you may have, you can contact the hatchery at 457-9664. Their summer hours are Monday through Saturday from 10:00 am to 3:30 pm and from Monday through Friday, 10:00 am to 3:30 pm after Labor Day. Take a free tour anytime to see what this great organization is doing for Haliburton County!



Haliburton Gold and Haliburton Silver – Our very own lake trout

According to geologists, 10,000 to 100,000 years ago, most of Canada was covered by a vast sheet of ice 2-4 km thick. Pre glacial fish populations were either destroyed or pushed into ice free areas called refuges located at the southern edges of the ice sheet. As the earth warmed and the glaciers retreated, fresh water fish re-invaded the large, newly formed glacial lakes.

An exciting discovery was made in the Haliburton Highlands! A unique strain of lake trout, distinct from other lake trout in Ontario was found in at least four lakes located in the heart of the Highlands. These trout, now dubbed the Haliburton Lake Trout, are thought to be a glacial relict.

The purpose of the Haliburton Lake Trout Project is to re-establish healthy populations of the Haliburton strain of Lake Trout in its traditional waters in and around Haliburton County. These genetically unique fish have adapted to local lakes over the past 10,000 years. By rearing this strain in the HHOA Hatchery and stocking them in selected Haliburton Highland lakes, their likelihood of survival is significantly increased.

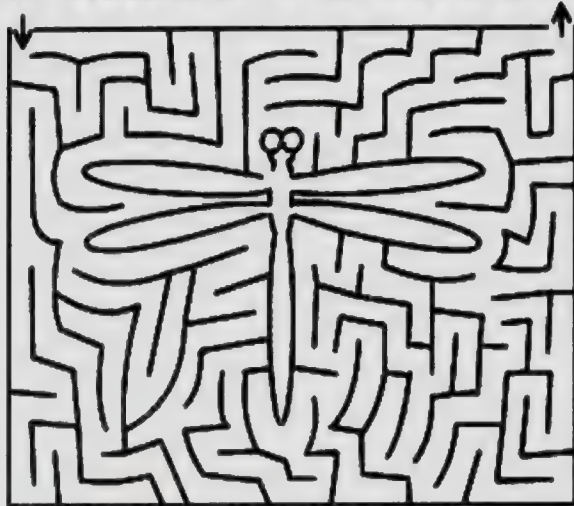
Dr. John Casselman, a senior scientist with the MNR, has been studying the Haliburton strain of natural lake trout for many years and has done much historical work on this glacial relict. Dr. Casselman's findings have discovered that it appears to be one of the oldest and purest strains of lake trout in the world. Therefore, it is extremely important to protect its genetic integrity. The Haliburton strain of lake is well known for its torpedo shape, compact size, strong fighting ability and excellent taste. Other unique characteristics of this strain include rapid growth and early maturity. Some of these attributes allow them to withstand more fishing pressure and higher harvest levels than other strains of lake trout.

The strain now known as the Haliburton Gold were found to inhabit MacDonald Lake, Clear Lake, Redstone Lake and Halls Lake. The only natural environment that the Haliburton Silver seem to inhabit is Kingscott Lake, making this a very rare lake trout.

Eggs from adult Haliburton Lake Trout are collected from wild fish in selected lakes each fall. They are carefully reared at the hatchery then released into target lakes when they reach a stockable size. Approximately 12,000 yearlings will be raised and stocked each year. In addition to the Haliburton Lake Trout, about 25,000 rainbow trout or brook trout are raised each year.

The Haliburton Lake Trout Project represents a new dimension in traditional fisheries management. The initiative was developed and driven by the community. Local anglers, businesses and organizations have teamed up with dedicated biologists who provide the scientific expertise. This new management concept will be promoted in other areas throughout Ontario.

A-MAZE YOURSELF



THAT'S LIFE ...

by the Bashful Comic



That's No Bull...

A man took his wife to the local agricultural fair and one of the exhibits is that of breeding bulls. They went up to the first pen and there was a sign that said, "This bull mated 50 times last year." The wife poked her husband in the ribs and said, "He mated 50 times last year."

They walked a little further and saw another pan with a sign that said, "This bull mated 120 times last year." The wife hit her husband and said, "That's more than twice a week! You could learn a lot from him!"

They walked on further to a third pen that had a bull with a sign saying, "This bull mated 365 times last year." The wife got really excited and said, "That's once a day. You could REALLY learn something from this one."

The husband looked at her and said, "Yeah, well, go up and ask him if it was with the same cow!"

"This is Good"

Submitted by Dianne Fulton

The story is told of a king in Africa who had a close friend with whom he grew up. The friend had a habit of looking at every situation that ever occurred in his life (positive or negative) and remarking, "This is good!"

One day the king and his friend were out on a hunting expedition. The friend would load and prepare the guns for the king. The friend had apparently done something wrong in preparing one of the guns, for after taking the gun from his friend, the king fired it and his thumb was blown off.

Examining the situation, the friend remarked as usual, "This is good!" To which the king replied, "No, this is not good!" and proceeded to send his friend to jail.

About a year later, the king was hunting in an area that he should have known to stay clear of. Cannibals captured him and took him to their village. They tied his hands, stacked some wood, set up a stake and bound him to the stake.

As they came near to set fire to the wood, they noticed that the king was missing a thumb. Being superstitious, they never ate anyone who was less than whole. So untying the king, they sent him on his way.

As he returned home, he was reminded of the event that had taken his thumb and felt remorse for his treatment of his friend. He went immediately to the jail to speak with his friend.

"You were right," he said, "it was good that my thumb was blown off." And he proceeded to tell the friend all that had just happened. "And so, I am very sorry for sending you to jail for so long. It was bad for me to do this."

"No," his friend replied, "This is good!"

"What do you mean, 'This is good?'"

"If I had not been in jail, I would have been with you."

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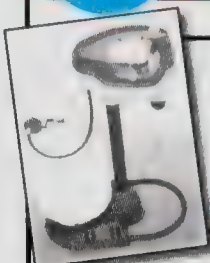
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THE WELCOME WAGON

This column is dedicated to introducing new owners of existing businesses in our area.

It's been known as MacDuff's Service Centre for 35 years, but as of July 24th, it became D & L Service Centre. Previous owners, Elgin and Yvonne MacDuff are taking a well-deserved break and are handing over the reins to new owners, Larry and Diane Licht of Kinmount.

Everything will be pretty much staying the same at the Service Centre according to Larry, "All the employees have stayed on with us including mechanic Doug Bates and we will still be offering all of the same services such as gas, auto repair, towing, snowplowing and chain sharpening. We will be staying on as a Husqvarna dealership as well with a line of chainsaws, parts and services. We're a full service centre and then some."

The Service Centre is quite a hub of activity in the mornings. Larry laughs, "It's still a meeting place in the morning. Diane has to hurry to get the coffee on because at least a dozen people come in for coffee and conversation. For .50 cents a cup, it's a



Gooderham Service Centre – Not Much Has Changed Except Ownership!!

good cup of coffee!"

Elgin and Yvonne are still around to lend a hand whenever they're needed. "Without Elgin, I'd be lost," Larry explains. "I've got a lot to learn from him yet. Yvonne comes in and helps Diane with the books and they've both said they'd help out whenever we needed them."

The Service Centre keeps a wide range of automotive parts on hand for their customers convenience such as tires, belts, fluids, batteries, alternators and starters as well as many other products. You can find gas cans, fish lures, bug jackets, work gloves and boots and a variety of nuts and bolts from what Larry refers to as the mini hardware section.

Larry and Diane moved to Kinmount in 1999 from

Gooderham Station cont'd... pg. 30 ...



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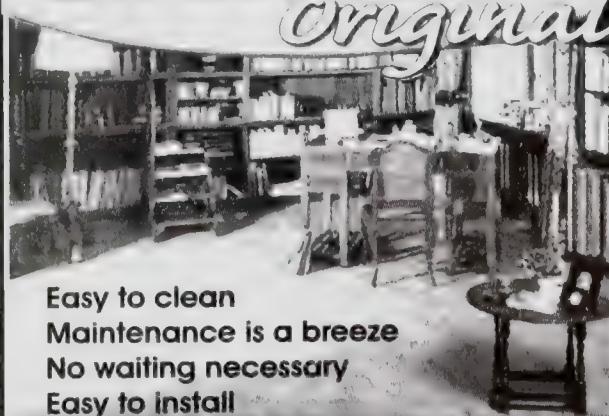
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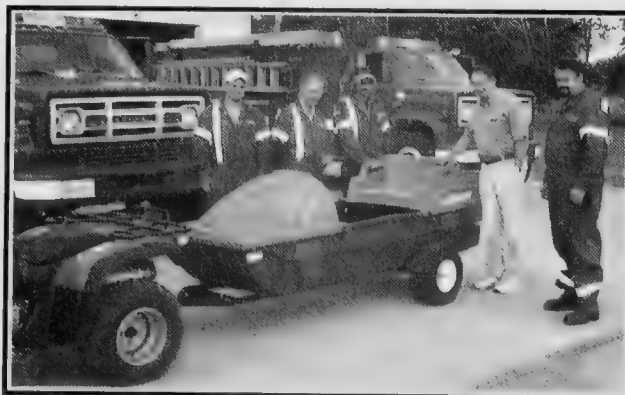
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New Fire Equipment



Members of the Highlands East Fire Department check out the newest piece of rescue equipment that is located at Station #3 in Gooderham. This Canadian made rescue sled is now one of three the department has. It's primary design is too aid in rescue activities in rough terran. It also can be used to help move equipment to remote locations, such as at a wildland fire. Mainly towed by an ATV, it also can be used in the winter months behind a snowmobile. Fire Chief Don Middleton explains that with 3 units in the municipality "we can more effectively transport victims out of areas that could not easily be reached". The other two units are located at Station #4 in Wilberforce and Station #6 at Paudash Lake.

Pictured from left to right is Andrew Hillis, Tom Lee, Brian Tohm, Chuck Viner and Dawson Haywood.

Gooderham Service Station Cont'd...

... from pg. 29



Doug Bates

the Uxbridge area where Larry worked as a handyman with Diane's help, taking care of the estate of John Worsely for six years. Mr. Worsely is the brother of the

Duchess of Kent and as Diane says, "We got to meet our share of Lords and Ladies over the years!" Larry enjoyed having the opportunity of driving the Worsely's 67' Rolls Royce too!

Prior to living in Uxbridge, the couple originally came from Kitchener where Larry had his own body shop and snowplowing business for 15 years until he was forced to close the body shop for health reasons.

Right now, they're excited about becoming the owners of D & L Service Centre. Located just off Hwy. 503 in the heart of Gooderham, D & L Service Centre is open 7 days a week, from 7:00 am to 7:00 pm, Monday through Thursday and 8:00 am to 8:00 pm Friday, Saturday and Sunday. You can also reach them by calling 447-2113.

Good luck to Larry and Diane in their new business and thank you to Elgin and Yvonne MacDuff for all their years of service in the community!

MacD's Butcher Shop and Deli - An Old Fashioned Style With Great Selection

It's here! MacD's Butcher Shop and Deli in Gooderham has opened its doors and owner Kirk MacDuff is looking forward to welcoming all of his new customers. Kirk's dream of having his own, old fashioned style of butcher shop has finally happened and the displays of freshly cut meats, cheeses and salads will make you want to put on your apron and get cooking!

Whether you're in the mood for a thick, juicy T-bone steak, pork chops, homemade sausage, or maybe something from the rotisserie such as chicken, chicken wings or ribs, you'll definitely find something to satisfy your taste buds here.

Kirk also offers a selection of smoked meats that are done on the premises and include such choices as pepperoni, beef jerky, ham, fish and eggs. (Have you ever had a smoked egg? Now's your chance!)

Freezer orders are now available at MacD's for your convenience, as well as sides of beef and pork cut to your specifications and preference.

Along with everything else, Kirk has created his own line of spices and barbecue sauce to enhance your dining experience. The Grilled Chicken Seasoning, Lemon Pepper, Rib & Poultry and Gourmet Steak Spice are always fresh and just waiting for you to try out on your favourite meal.

Kirk has been in the meat cutting business for quite a few years and strives to offer his customers only the best in quality meats. He first became interested in his choice of career through the Futures Program at the Employment Centre in Haliburton. Kirk explains, "I started at the Wilberforce IGA and I found that I liked it. I then had the opportunity of learning butchering from Ken Thirion at the Valu-Mart in Minden and I have a lot to be thankful to him for. He's a great guy and teacher and he taught me a lot about the practical side of the business as well as the proper set up when you have your own shop. I probably wouldn't be where I am now if it wasn't for him."

Kirk went on to do a two-year apprenticeship with Chris

Coneybeare in Minden and then took a five-month course at George Brown College and received his Retail Meat Cutters Diploma.

Last spring, when Kirk's mom, Bev MacDuff decided to rebuild on the lot her previous business BMD Restaurant was on before it was destroyed by fire, the two got together along with Kirk's dad, Bradley, and built a building large enough for both their new businesses. Located on Hwy. 503 on the outskirts of Gooderham, this is now the home of Bev's Soft Stuff Ice Cream Shop and Kirk's MacD's Butchershop and Deli.

MacD's is open 7 days a week from 8:00 am to 6:00 pm Monday to Thursday as well as Saturday, 8:00 am to 8:00 pm on Friday and 9:00 am to 4:00 pm on Sunday.

For all you hunters out there that are looking forward to the hunting season that is rapidly approaching, MacD's is available to dress out the wild game you're sure to bring home. (I thought I'd be optimistic for you!)

For more information, you can reach MacD's Butchershop and Deli at 447-1127. Don't forget to try out the smoked eggs!



Kirk MacDuff stands behind the counter of his new butcher shop. He shares building space with Soft Stuff Ice Cream



Soft Stuff

Soft Ice Cream Shop

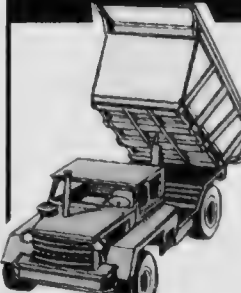
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20th Anniversary Wilberforce Agricultural Fair

Fun was had by all who attended this year's agricultural fair in Wilberforce.

Pictured top left are the Prince & Princess of the fair (a new category in this year's baby contest). The winners were Wyatt Hutchings and Sophia Pelz,

Next to them is OPP Officer Campbell and his partner Kei. Shawn is part of the area's K9 Unit and he thrilled audiences with a demonstration and discussion about the K9 Unit.

Top right are this year's baby contest winners, left to right, (front row) Cindy with son Tyson Baumhour, Sarah with son Aaron Milligan, Amanda with Stuart Lockwood, (back row) Ava with Sophia Pelz and Jody with son Drew Rupnow.

At right, Oxen rides were popular amongst the children.

Bottom right: The winners of the Teddy Bear Parade were: Most Loved Bear - Samantha Vanier (also pictured on front cover with her winning bear 'Fuzz', Best dressed girl bear - Rosina Gould, Best dressed boy bear - Jason Wood, Biggest Bear - Brian & Jackie Hamm, and Smallest bear - Austin Coady.

Don't Miss Next Year's Event - You'll See Why So Many Enjoyed This Year's!!



'Secretary To Go' Available To Help You With That Work Overload



Cathy Henwood is ready to help you at the office!

Cathy Henwood has taken her business on the road, and offers her clients the opportunity of using her secretarial services and expertise either in their office, home or in her office at her home on the outskirts of Haliburton.

'Secretary To Go' is the appropriate name for her handy business that is available to meet all your business needs in an efficient and professional manner.

Cathy and her husband Jim used to live in Hamilton where Cathy worked for Kelly Services as a temp for many years. Just before the couple made the move to the Highlands 9 years ago, Jim bought the Mike's Milk store on the main street of Haliburton. It became Henwood's Variety and has been a going concern ever since. For the first few years that they were here, Cathy stayed home with their three young children, Scott and twins, Alison and Jennifer, but as they got older, she started helping out part time in her husband's store.

A year ago, Cathy came up with the idea for her business, 'Secretary To Go' after thinking about her years working as a temp in the city. Cathy explains, "I was looking for a business that I would still have some flexibility in so that I could still be home when the children are. I didn't want the usual 9 to 5 of working full time in an office. This way, I can still do the type of job that I enjoy and base it around our home life."

Cathy is skilled in many tasks such as spreadsheets, mailing lists labels, stuffing envelopes and mailing, resumes, job application letters, faxing documents, manuscripts, attending meetings and taking minutes, etc. Cathy's background as a secretary covered many different fields including health care, accounting, manufacturing and charity.

'Secretary to Go' is a great service if you need that extra person for on-going or even to cover vacation absences or maternity leaves. Maybe you just need that extra help a couple days a week or maybe you need help catching up. There are many reasons to call 'Secretary To Go' just dial 457-3524 and Cathy will be glad to help out.

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Dining and Entertainment

That Place
in Carnarvon

That Place In Carnarvon – If You Don't Know It, Be Sure To Check It Out!!

If you're looking for a place to enjoy a great meal in comfortable surroundings with affordable prices, you can find it over at that place in Carnarvon. Do you know the one I'm talking about? It really is "That Place In Carnarvon"!

Ed and Sue Yallop, the happy owners of 'That Place In Carnarvon', opened for business on July 21st and are very excited about their new business venture. For Sue, it's a dream come true.

Being the third generation of her family to cottage on Boshkung Lake, Sue has many wonderful memories of her summers in the Highlands. Ironically, Sue's first summer waitress job happened to be at Mr. Fogg's Restaurant, which was in the same building that her new restaurant is now located. This building has been known by many different names over the years. Dorandy's, Drifters, Rudy's and

the Boat House to name a few, and that's exactly the reason Ed and Sue decided the best name for their new restaurant should just be 'That Place In Carnarvon'.



'That Place In Carnarvon', located on Hwy. 118 just east of Hwy. 35, is a licensed, smoke free environment that offers its customers a relaxed and casual atmosphere overlooking the tranquil water of Mirror Lake. Ed has quickly become a great bartender and enjoys his time behind the bar sharing jokes with his patrons. Sue oversees everything that's taking place on the floor, while Chef Kris McAlister works his magic in the kitchen, creating a wonderful array of delicious

dishes for the enjoyment of all their guests.

From the great selection of appetizers, homemade soup and salads, charbroiled hamburgers, 6 oz. steak sandwich, smothered in onions and mushrooms, to the various, mouth-watering entrees, you'll find it difficult to make up your mind about what to try first. Oh, and if you love wings, be sure to check out 'Jeff's' Wings - named after Sue's brother Jeff who is the former owner of NJ's. Sue had wrestle the recipe for these awesome wings out of Jeff and you'll be glad she did!!

Whether you choose the succulent Pork Tenderloin Medallions, the Poached Salmon Filet, served with lemon tarragon butter or the Creole Shrimp Penne, loaded with shrimp and a

restaurant cont'd... pg. 35...

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Owner's "Loving" The Restaurant Business

... from pg. 34

spicy combination of tomato and southern spices to tempt the palate, you're sure to be pleased with the excellent cuisine and friendly service you'll receive at That Place In Carnarvon.

Along with their great staff and Chef, things couldn't be better for Ed and Sue. "We're loving it!" exclaims Sue. "It's been absolutely great! We've had so much support from the community as well as the other businesses in the area."

The restaurant business is a different life for the couple. Ed, originally from Tillsonburg, Ontario spent 20 years working for the Ford Motor Company in St. Thomas. While pondering the future after taking an early retirement from the company, Ed decided to spend some time in Stratford with an old buddy of his. This decision turned out to be a momentous one for Ed. It was while playing pool (Ed's an avid player!) at a local restaurant that he first met Sue, who was the manager there. As the saying goes, that was that!

Shortly after meeting, the couple both went to work for Sampsonite Canada, Sue as a product manager and Ed as a shipping clerk. Over the next few years, Sue introduced Ed to her second home in the Highlands. Dining one evening at the Wigamog Inn, Ed asked Sue to marry him and they actually ended up being married at the Wigamog as well.

Ed was very happy at his job at Sampsonite and living in Stratford, so when the day came that the company had to down size and let him go, he wasn't sure which direction to go in.

Sue had always harbored the hope of someday convincing Ed to move permanently to the Highlands but wasn't sure how to approach the subject with him as he had never shown any inclination that he might be interested in doing so. Returning home from work one day, Sue was totally surprised when Ed brought the subject up. She was so happy, all she could do was cry. "I really hadn't realized until then just how much of a dream this was for Sue," explains Ed.

Over the next little while, they began looking for a business venture that they would both enjoy doing. Upon hearing that the restaurant in Carnarvon was up for sale, Ed and Sue came up in June to look things over and to discuss the possibility. Everything snowballed from there! By July 1st, the couple became the proud new owners, Sue resigned from her job at Sampsonite and 'That Place In Carnarvon' served its first customers on July 21st.

Give That Place in Carnarvon a try and see for yourself why Chef, Kris McAlister keeps them coming back for more!! The

restaurant is open 7 days a week from 4:00 pm to 10:00 pm and reservations are welcome by calling 489-4449.

Ed adds, "Opening for lunch is being considered for the immediate future." So stay tuned folks! Just as Ed and Sue were setting off to begin their new adventures in Carnarvon, they sent this

email to all of their friends, "Good bye corporate world, hello Golden Pond!" If this is any indication, I'd say Ed and Sue are here to stay!

Pictured opposite page are owner's, Ed and Sue Yallop. They opened the doors to their new establishment - "That Place in Carnarvon" in July. Pictured left is a shot of the bar area of the restaurant. The view from inside is pleasing - as are the surroundings.





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Haliburton Legion Flea Market

Don't forget to check out the Haliburton Legion Ladies Auxiliary Flea Market and Craft Show at the Legion on Saturday, Aug. 23rd from 9 a.m. - 3 p.m. The addition of a baking table and silent auction table are an added bonus for this event that takes place twice a year.

Recipe of the Month
BBQ Lobster Tails with Chive Butter
Ingredients
4 5-ounces fresh or frozen rock lobster tails
2 tablespoons snipped fresh chives
1/3 cup butter
2 tablespoons snipped fresh chives
1 teaspoon finely shredded lemon peel
4 small lemon wedges (optional)
Directions

1. Thaw lobster, if frozen. Rinse lobster; pat dry with paper towels. Butterfly tails by using kitchen shears or a sharp knife to cut lengthwise through centers of hard top shells and meat, cutting to, but not through, bottoms of shells. Press shell halves of tails apart with your fingers.
2. For sauce, in a small saucepan melt butter. Remove from heat. Stir in chives and lemon peel. Remove 2 tablespoons of the sauce; set the remaining sauce aside.
3. Lightly grease the rack of a gas grill. Preheat grill. Reduce heat to medium. Brush lobster meat with some of the 2 tablespoons sauce. Place lobster, meat sides down, on the grill rack directly over heat. Cover and grill for 6 minutes. Turn lobster. Brush with the rest of the 2 tablespoons sauce. Cover and grill for 6 to 8 minutes more or until lobster meat is opaque.
4. Heat the reserved sauce, stirring occasionally. Transfer the sauce to small bowls for dipping and serve with lobster. If desired, serve with lemon wedges. Makes 4 servings.

To grill lobster on a charcoal grill, prepare as above except cook tails directly over medium coals for 6 minutes. Turn; brush with remaining sauce and cook 6 to 8 minutes more or until lobster meat is opaque.



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Food Spoilage Table

The Gag Test

Anything that makes you gag is spoiled (except for leftovers from what you cooked for yourself last night).

Canned Goods

Any canned goods that have become the size or shape of a basketball should be disposed of - carefully.

Carrots

A carrot that you can tie a clove hitch in is not fresh.

Chip Dip

If you can take it out of its container and bounce it on the floor, it has gone bad.

Dairy Products

Milk is spoiled when it starts to look like yogurt. Yogurt is spoiled when it starts to look like cottage cheese. Cottage cheese is spoiled when it starts to look like regular cheese. Regular cheese is nothing but spoiled milk anyway and can't get any more spoiled than it is already.

Eggs

When something starts pecking its way out of the shell, the egg is probably past its prime.

Frozen Foods

Frozen foods that have become an integral part of the defrosting problem in your freezer compartment will probably be spoiled - (or wrecked anyway) by the time you pry them out with a kitchen knife.

Lettuce

Lettuce is spoiled when you can't get it off the bottom of the vegetable crisper without Comet.

Mayonnaise

If it makes you violently ill after you eat it, the mayonnaise is spoiled.

Meat

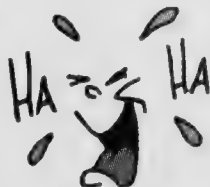
If opening the refrigerator door causes stray animals from a three-block radius to congregate outside your house, the meat is spoiled.

Potatoes

Fresh potatoes do not have roots, branches, or dense, leafy undergrowth.

Wine

It should not taste like salad dressing.



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Family History Day at the Minden Museum

Browse the many displays and sale booths of our province's genealogy groups on Saturday, August 16th from 10:00 am to 4:00 pm at the Minden Hills Museum. Genealogy groups from as far away as Kingston and Peterborough will be joining our local group as well as someone on behalf of the Ontario Genealogy Society and will be available to chat with as you check out the various resource publications and publications on sale at the many informative displays.

Different members of the various genealogy groups will be offering lectures on various topics such as aspects of researching. For example, if you are searching for information on your ancestors, one of the experts might be able to give you a few tips on places to begin searching like wills, censuses or land records.

Refreshments will be available on site as well, so for all you history buffs, this is your chance to talk to some pros! Admission to museum and grounds will be \$2.00 per person. For more information, call 286-3154.

Highland Writers Say "Let's Do Lunch!"

The newly-formed Haliburton Highlands Writers' Circle will be hosting its first "Writers' and Editors' Lunch" on Thursday, August 21, from 1 - 3 p.m., at the Minden Hills Museum (just behind the Library, in Minden).

Intended as a networking opportunity for professional journalists, editors, business, technical and literary writers, this gathering also welcomes freelancers, amateurs, "wannabe's" and anyone else interested in meeting with members of the County's writing community.

The cost, for light lunch and speaker, is \$8 per person and reservations are essential.

For additional information, or to reserve (by August 19, please), call Marjorie Ludlow Green at 286-2592.

For more information about the Highland Writers Circle, see story on pg. 44.

Don't Miss "Big Band Dance"

The Haliburton Legion dance floor will be busy this weekend (August 16) for this year's Haliburton and District Lions Club Big Band Dance. The dance features live entertainment by "The greater Toronto Area Swing Band. The evening gets underway at 8 p.m. Tickets are \$15. Proceeds go to the Health Services Foundation. Tickets available at Henwoods Variety in Haliburton.

Outpost Corn and Wiener Roast – Come Sit By The Fire With Family & Friends

Everyone's welcome to join in on the fun at the 11th annual Outpost Corn and Wiener Roast! This old-fashioned corn roast is a delight for the whole family and a chance to chow down on cobs of corn that are grown locally, while you sit by the bonfire with family and friends. If you have a guitar, bring it along!

The annual corn and wiener roast is the Wilberforce Heritage Guild's way of saying thank you to the community for the support they've received throughout the year, so be sure to come to the Red Cross Outpost Historic House on August 15th at 7:00 pm. Show up hungry as there is always plenty of food to go around! The Heritage Guild provides everything and knows how to throw a good old-fashioned shin-dig!



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For those of you that are new to the area, this is a good opportunity to check out the Red Cross Outpost Historic House. This historic building was established in 1922 as the very first Red Cross Outpost Hospital in Ontario. The Outpost was not only a much-needed asset for Wilberforce that provided medical services, it became an integral part of the community over the next four decades and was the focal point for many great card parties, social activities and holiday gatherings.

In 1963, the Red Cross canceled its nursing services out of the Outpost and the building was deeded to Monmouth Township. In 1991, it was leased to the Wilberforce Heritage Guild on the understanding that it was to be restored as a museum dedicated to the people who had worked so hard to make Ontario's first Red Cross Outpost a reality.

This was the first project that the Wilberforce Heritage Guild had ever undertaken. The Guild is a charitable foundation that was established for the purpose of preserving and restoring historic sites as well as collecting and displaying artifacts related to the history of Monmouth Township (Highlands East) and area.

So be sure not to miss the Outpost Corn and Wiener Roast and maybe while you're there, you can take a peek at the tea towels from around the world that are on display right now as well as the many other interesting articles that are part of our local history.

The Highlands Wind Symphony

By Shirley Lucas

What would you like to hear? A little jazz maybe, or how about a few show tunes with some Glen Miller thrown in or if you're feeling a little hip a bit of pop music might be a good idea. Well there is definitely a fun group in the Highlands you should be tuning into.

The Highlands Wind Symphony is a band of 40 members (and always hoping for others to join in) that just enjoys getting together and having fun as well as entertaining anyone that comes out to hear them. Founded ten years ago by Don Wright, the group started out with



5 members getting together to play in the back of Don's lumber yard in Lochlin. At that time they were called the Haliburton County Concert Band. Since then, Don has handed over the conducting of the band to co-conductors, Lorie Reddering and Glen Carter, a retired music teacher. Glen was actually Lorie's teacher and since Glen has retired, Lorie has taken over his job of music teacher at JDHES and Archie Stouffer School.

The band meets every Monday night from 7:00 pm to 8:30 pm in the music room at JDH. There are no fees involved and anyone interested in getting in on the fun should check it out. The youngest member of the band is 11

years old and the oldest member is proud to admit to being 78. Lorie says, "We're always looking for new people. You don't have to be a professional, we're just here for fun and fellowship with others that love music."

Lorie would also like to add, "Barb Bolin from Sir Sanford Fleming College has been great by arranging for us to use the school during the summer months."

The band usually puts on four concerts a year. Their Christmas and Spring concerts at the Northern Lights Pavillion are always worth seeing and they will be playing this year at Music by the Gull in Minden.

The Wind Symphony also has two feeder groups that have come about because of their success, The Swing Band and the Highlands Wind Ensemble.

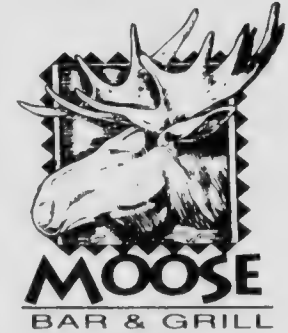


The Wind Ensemble meets every Friday from 1:30 pm to 3:30 pm at St. George's Church in Haliburton. The members are made up of many retired people and range from beginners right on up. They get together all year round to share their love of music.

The Swing Band meets on Monday nights right after the Wind Symphony's practice is over. This is a very entertaining group of 15 members who be performing their first concert on Friday, July 11th at Music by the Gull. For information you can contact Laurie at 286-3200.



Lorie Reddering



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Bond - James Bond

James Bond debuted in Ian Fleming's novel "Casino Royale" in 1952. The first Bond movie, *Dr No*, starring Sean Connery, was released in 1963. Since then, the equivalent of half the world's population have seen at least one Bond movie.

Sean Connery starred in seven Bond movies, George Lazenby in one, Roger Moore in seven, and Timothy Dalton in two. Pierce Brosnan has been issued his fourth licence to thrill in the latest, the 21th James Bond movie, *Die Another Day*.

In the first 20 movies, Bond has 18 martinis, 5 of which he orders himself but two of those he never receives. The rest are prepared and brought to him. Most surprisingly, in his 7 appearances as Bond, Sean Connery utters the phrase "shaken, not stirred" only once, in *Goldfinger*.

In the 20 movies, Bond is told 33 times that he will die, and he makes love 79 times. Of the 58 Bond girls, 29 were brunettes, 25 blondes, and 4 redheads. Women moaned "Oh, James!" 16 times.

The 007 sign originated in the 16th century: Ian Fleming based his character on Dr John Dee, the very first British secret agent. Dee, who lived from 1527 to 1608,



Sean Connery



George Lazenby



Roger Moore



Timothy Dalton



Pierce Brosnan

was an advisor to Queen Elizabeth I. He was a brilliant mathematician, magician, philosopher, alchemist and astrologer. During his time, England was at war with Spain, and fearing spies, Dee designed the 007 code for his correspondence with the Queen. The 2 zeros indicated "for your eyes only," and the 7 was a cabalistic, or, cryptic number. Dr Dee was not the only secret agent of the time. Seeing Spain amassing a new vast empire in the "New World" (the Americas), Queen Elizabeth secretly sent the pirate-turned-explorer Englishman Francis Drake (1540-1596) west with the added intent to harass the Spanish. It is known that Dr Dee and Drake actually met to discuss strategies.

Places where James Bond made love:

Hotel room (19 times), London flat (2), at her place (15), someone else's place (2), on a train (3), in a barn (2), in a forest (2), in a gypsy tent (2), hospital (2), in a plane (2), in a submarine (1)

Did You Know...Burt Reynolds and Adam West were the first choices of actors to take Sean Connery's place as James Bond.

Did You Know...The real person named James Bond was an ornithologist (a person who studies and classifies birds) from Jamaica who was most famous for his book *The Birds of the West Indies*. In exchange for the use of his name, ornithologist James Bond used Fleming's name to classify a rare species of Jamaican birds.

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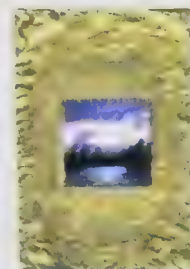
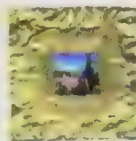
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*From the sketch-book of
Artist & Naturalist David Alexander Risk*

These small paintings shown here (actual size) are some of the smallest in the world. A traditional miniature is usually four by six inches. The composition, colour and texture is totally unique to each piece. "I'm often asked, why paint miniatures?" When we come to understand, it take some lichens three hundred years to grow as big as a quarter, it is my contribution in a certain way to conservation of our natural world - a picture is worth a thousand words.



Best wishes
David
Alexander Risk

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Why? Because ... Scientifically Speaking



We had a reader call in and inquire about jumping beans. We did some research and found that these little beans are quite interesting. She says she purchased hers at IGA in Bancroft – so it appears they are still around to be found. If you've ever had them or seen them, you might find this interesting... And for the reader who called in, I hope this special extended "scientifically speaking" column answers all your questions about "Jumping Beans".

Mexican Jumping Beans are found in the Rio Mayo region of Mexico, in the states of Sonora and Chihuahua, where a particular shrub of the Spurge family, known as Sebastiana Pavoniana grows. The Mexicans call the plant "Yerba de la Flecha", which means "plant of the arrow", originating from ancient times when they put the milky sap on their arrow tips.

During a critical few days of the year following the seasonal rains, the shrub flowers. The small, blue Jumping Bean Moth visits the flowers and lays its eggs on the seedpods. When the eggs hatch, the tiny hungry larvae (baby caterpillars) hastily burrow their way into the developing seedpods.

As the seedpods ripen, they develop a characteristic 3-sided shape, with the larvae continuing to feast safe inside until only the hard woody shell remains. When the seedpods are mature, they fall to the ground and break into 3 beans, one of which may be home to the strange visitor sealed inside.

Having eaten most of the inside of the bean, the larva lines the inside of the bean with silk to make itself comfortable. It then attaches its back legs to the silken wall. To make the bean jump, the larva curls up and then rapidly springs uncurled again, jerking the bean forward.

Exactly why the larva should expend so much energy making the bean jump, sometimes for almost a year, remains one of nature's mysteries.

The most likely explanation seems that by jumping, the bean will move itself into a safe place where the larva can relax, pupate and undergo the miracle of metamorphosis ready to continue the life cycle.

Although the beans do jump most when they are warm or in light, fresh ones often jump vigorously even when they are not especially warm.

Rapid movement or knocking will surprise them and they usually "play dead" for a while, presumably to evade predators, although knocking against each other doesn't seem to have the same effect –



Do they somehow know that their friends are nearby?

Each bean usually continues to jump for many months until it finds a place where it remains cool and dark. Typically, "pet" beans will jump well for many months after they have been gathered, although with great care they can keep going for almost a year, but they do gradually get more "tired".

The creature has a natural "calendar" which helps it to get the timing right so that the lifecycle carries on at the right time each year. This "calendar" senses the natural change of light and dark, warm and cold as the days and seasons pass.

When the Ecdysone hormone starts to signal the larva's body to change, it nibbles a tiny, perfectly circular "trapdoor" in the bean, spins a silk cocoon around itself, and settles down as a pupa (or "cocoon") for a well-earned rest. The little trapdoor usually remains attached by one small part to keep the occupant private until it is ready to leave. (It's just as well that it instinctively knows to prepare the trapdoor, because as a moth it doesn't have the ability to cut it. If the larva forgot to make the trapdoor, it would have a nasty surprise when it had turned into a moth and found itself trapped inside the bean!)

Over the next few weeks, metamorphosis takes place and the bean remains apparently quite inert until it senses that the seasonal rainfall has returned, usually in June. After 20 or 21 days, the moth pushes the trapdoor open and emerges - miraculously at exactly at the right time to catch the Sebastiana Pavoniana shrub flowering!

The little moth sits and stretches its wings in the sun for a while, then flies off. It now has only a very few days of life remaining to mate, find a shrub and lay its eggs to complete the lifecycle.

Beans, which have stopped jumping because they have been left cold and dark, may wait many months until the critical day arrives to catch the exact timing of the rains, and synchronise their emergence with the flowering of Sebastiana Pavoniana.

**Your
Invitation**

Alexander Fine Arts Gallery

**This Friday,
August 15th**

David Alexander Risk works of art have been presented to and are hanging in such collections as: the British Royal Family, The Honourable Prime Minister of Canada, as well as entertainer's Bob Hope and George Burns.

This is your invitation to join us for a very special evening of fine art, music and refreshments. View David's new works - "Wilderness jewels" Ray and Caryl Miller commissioned David to create a collection of original miniature landscape paintings with 100% of monies from sales going directly to eight local charities.

Preview: August 15th 7:00 p.m. - 10:00 p.m. - Refreshments & Music
Grand Opening August 15th 1:00 - 4:00 p.m.

Alexander Fine Arts Gallery
Main St., Haliburton 457-1317



Church Events

For special church events - email your events lists to *The Communicator* at highlands@thecomcommunicator.ca or fax list with Church Name & dates of events to 448-1995.

Gooderham United Church

August 17 - 109th Anniversary

Come out and enjoy the service at 10 a.m. and beef on a bun right after the service. Call for info: 447-2408 (Tim Drew)

Maple Lake United Church

September 6 - Roast Beef Dinner

2 sittings - 5 p.m. & 6:30 p.m. Cost is \$12 Adults & \$6 under 12. Preschoolers free. Call Merrie 754-2258 or Marni 754-9698

"A Covered Mirror"

On **AUGUST 13TH** at the Northern Lights Pavilion there will be a hospice presentation called "A Covered Mirror". Following will be a panel discussion with the Reverend Christopher Greaves addressing "Spiritual Concerns".

Question: Why did Moses wander in the desert for 40 years?

Answer: Because, even back then men wouldn't stop and ask for directions.

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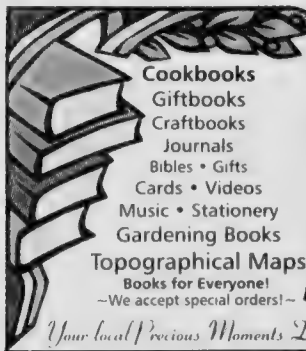


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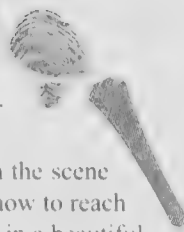
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Who Dun-It



Jane Weatherbee was frantic when she called police to report the murder of her sister Sarah.

Detective Minden was the first to arrive on the scene after ploughing his way through thick fresh snow to reach the home of the distraught woman. Jane lived in a beautiful chalet just outside Fort Irwin.

"What happened?" asked Minden

"My sister was here for the weekend to visit. I haven't seen her in years - we didn't speak much after our parents passed away. She was upset that I received the family resort in the will," explained Jane

Case of the Stormy Sisters

"Well, we were visiting in the main house. Everything was going well, but then we started to argue. Sarah stormed out of the main house. After a while I started feeling bad so I went outside to look for her. I called for her but she didn't answer, so I followed her tracks which lead to guest cabin

4. When I opened the door, there she was - lying on the floor dead. I immediately ran back to the chalet and called the police. That was about 20 minutes ago."

"How long was she gone before you went looking for her?" asked Minden.

"About an hour. I got worried after I heard some snowmobiles pass close by. We are not anywhere near the main trails," explained Jane. "I was really hoping that we could patch things up this weekend - and everything was going good - till I found her in guest cabin number 4. She was lying there dead."

"Take me to the murder scene," said Minden.

Jane led Detective Minden through the fresh snow - the evening storm was just beginning to settle down. The Weatherbee residence resembled the front of a Christmas Card with a glittering blanket of snow on the ground and trees not even disturbed.

Detective Minden followed Jane closely as she blazed a path to Cabin 4. She opened the door and there was Sarah - lying on the floor - next to her was a fire poker with blood on the end

"I don't know who would have done this to her. I have recently been robbed for the fourth time. Because the cabins are so far away from the main house, they are an easy target for thieves. I'm sure it was someone trying to rob the cabin again. Maybe Sarah walked in on them and they killed her. I can't think of reason why anyone would do this."

"I can," exclaimed Minden. "I think you better tell me why you killed your sister."

Why did Minden suspect Jane?

answer pg. 54 ...

Haliburton Highlands Writer's Circle

Attention all fellow writers! Have you ever considered being a part of or joining a writer's circle? Or maybe you're not sure what a writer's circle is. Well read on for a little information about what is involved with being a member of this type of unique group.

The purpose of a writer's circle is to encourage people that enjoy writing to keep at it, as well as giving them an opportunity to share ideas, help them to learn, and to help them keep their self-motivation going. It's also a way to get your work out there and to find out from other writers if you're on the right track. It also gives serious writers a chance to discuss techniques, offer suggestions, find out about contacts such as agents and publishing houses with other people who might have been there and done that already.

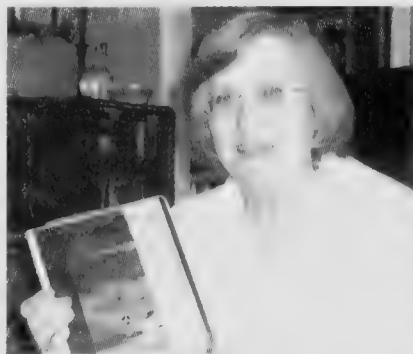
Marjorie Green of Minden, who is a Substantive and Stylistic Editor as well as a writing coach, is the head organizer of The Haliburton Highlands Writer's Circle.

Marjorie explains a little about writers as well as offers a few suggestions: "One of the biggest problems writer's have is that they work alone. Our work tends to make us a little different and at times, introverted and that's why it's important for us

somehow meet with other writer's as most of us have this problem in common. Sometimes family and friends don't always understand us, or how we think, but a group of writer's bond very well and once we're together, you can never shut us up. Writers need each other, to share with and answer questions. Whether you're a new writer or a seasoned one, you should never stop learning and hearing what others have to say. We need somebody to bounce ideas off of, and a writer's circle gives you that opportunity and many more. For people writing a book, it's a good way to get feedback chapter by chapter.

A writer's circle should be made up of a group of people that trust each other and have respect for one another's opinions. It's nice to have other people in your corner."

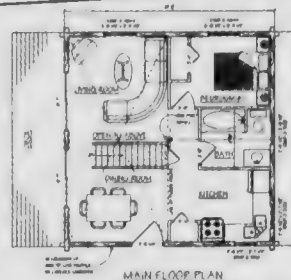
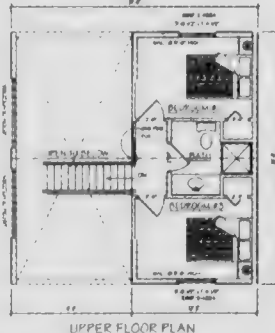
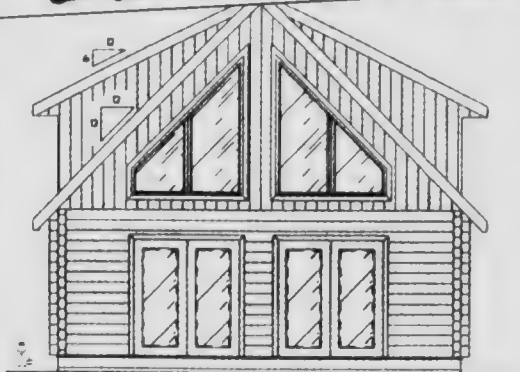
The Haliburton Writer's Circle will be getting together for their first luncheon on Thursday, August 21st from 1:00 pm to 3:00 pm at the Minden Museum (see pg. 38 for more info). Afterwards, they will be meeting on the 3rd Thursday of every month to have lunch together and to share the limitless possibilities of a writer's world. If you're interested in joining this diverse group of writers, give Marjorie a call at 286-2592. She'll be looking forward to hearing from you.



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Loonie Extravaganza is Outrageously Fun

This evening is guaranteed to be one of fun, and will give you the opportunity to meet new people but most importantly to raise funds for your favourite local nonprofit organization. It's called "Loonie" because it is outrageously fun, and "Extravaganza" because it represents a variety of activity never before experienced by the average adult, unless of course you participated in this unusual fund-raiser last year. This adult only trademark event run by Sally Moore of the Sunny Rock Bed & Breakfast, is held each year on the Thursday before the 23rd of August (this year August 21). This is the 8th annual this year.

This event is a fund-raiser with a twist. Each participant is asked to bring a financial donation, the name of a local charity and an unwrapped gift for the prize table. The prize should be from your 'for now closet', you know the things you buy for now or receive from someone else as a kindness but you just never got around to using and have put away 'for now'. Two benefactors will be chosen at the end of the evening and the profits of the night will be split equally between them.

Sally guarantees you will be laughing within the first minute of your arrival. Upon arrival, participants receive a quantity of Sunny Rock Chips (wooden fobs). The challenge is to circulate and participate in the sixty-five to one-hundred different games, pay a chip to play a game, be the winner of the game and win as many two-sided tickets as you can. Earning these tickets guarantees you a prize from the prize table. Most of the games created by Sally are nothing too physical. Games are between thirty seconds and one-and-a-half minutes in duration. The games are scattered all over the inside and outside of the Sunny Rock property depending on the weather that evening.

While you are enjoying an evening of fun and games be sure to enjoy the snacks and visit the 'canoeler', an overturned canoe filled with ice and cold drinks. Beverages and finger foods are supplied by Sally and any donation made for consumption that exceeds costs is added to the evenings proceeds.

Following the games, all participants place their accumulated tickets in a jar. Tickets are then drawn one-at-a-time and the winner selects a gift off the prize table or swipes a gift already chosen by someone else. Don't worry, everyone goes home with something.

Sally says, "All adults with a child's heart and a playful spirit, and cash or cheque are invited to attend." You need only to leave your daily stress behind and be prepared for a night of lunacy.

The evening starts at 6:30 p.m. and concludes at 9:30 p.m.. Help your favourite nonprofit organization and have a blast all in one short evening. Reserve a spot for yourself and your five favorite friends by calling Sally Moore of Sunny Rock B & B at (705) 286-4922.

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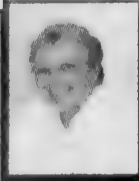
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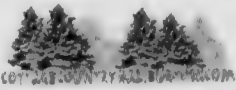

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Urban Legends

Exam Scam: 'The Flat Tire'

Although school is not until another month, we give you this classic college exam Urban Legend - so take heed & watch you're stories - they just might catch up with you some day.

A story frequently heard around the dorm rooms and coffee houses where college students hang out, detailing an action generally attributed to a famous Dartmouth professor (who is so famous I can't remember his name right now)...

Two students decide to go skiing for the weekend, and are having such a good time they decide to blow off the (calculus, I believe) exam that they have scheduled for Monday morning in order to get some final runs in before they head back to school. They decide to tell the prof that they got a flat tire and therefore deserve to take the exam at a rescheduled time.

Hearing the story, said professor agrees that it really was just bad luck, and of course they can take the exam later. At the appointed time, the prof greets them and places them in two separate rooms to take the exam.

The few questions on the first page are worth a minor 10% of the overall grade, and are quite easy. Each student grows progressively confident as they take the test, sure that they have gotten away with fooling the professor. However, when they turn to the second page they discover that they really haven't.

The only question on the page, worth 90% of the exam, reads: "Which tire?"

I think this really fits the profile of a urban legend: it's a cautionary tale dealing with an experience quite universal among college students - the desire to blow off your work and still survive the course. As I mentioned, this is said to be "true" and can probably be verified at Dartmouth - but who has time to do that when you can just pass it along?

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Radio Club Members Cruising The Airwaves Around The World

By Shirley Lucas

Hello! Is there anybody out there? If there is, Phil Graham and the other members of the Black Fly Repeater Association Radio Club would be the ones to ask. They all own and operate home radio communication equipment - an active hobby in the Highlands.

The Black Fly Club first got together in 1970 and they have members from all over the county and beyond. Every Sunday morning at 10:00 am, they get together by logging in over the air waves and once a year, they meet in person at the Lloyd Watson Community Centre in Wilberforce for an annual get together and share some of their knowledge and stories with one another.

The Black Fly High Frequency Repeater Tower (VHF) is located on Vinegar Hill, just outside of Wilberforce and the club's 60 members can link to many areas through this instrument as well as through towers at South Lake, Eagle Lake and Haliburton.

As well as the Black Fly Club, the Minden Amateur Radio Club, meets on the air Monday nights at 8:00 pm, this club gets together every Friday morning from 10:00 am to 11:00 am at the Minden Legion for coffee, and to talk about radios, computers (good or bad, some aren't sure), and the latest technology.

Phil Graham, one of the founding members of the Black Fly Club as well as the Minden Radio Club and a resident of Minden for the past 45 years, has acquired a vast amount of knowledge in radio communications since the day his Scout Leader, Vince Fountain, first introduced him to Morse code many years ago. His love for radio communications grew from that experience and become a life long hobby.

Phil joined the Air Force during World War II and after being tested on his abilities in Morse code he became a Wireless Air Gunner (WAG). He was quite dexterous at Morse code by this time and was able to do 30 words per minute. Phil takes it from

here, "When I left the Air Force someone asked a few of us if we wanted to get our license. At the time I didn't know what he was talking about and then later I realized he meant getting our Amateur Radio license - but it wasn't till a few years later that I got into it again."

In 1952, Phil acquired his license and became a member of the

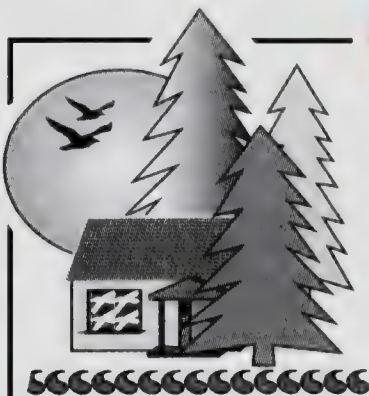
Radio Amateurs of Canada. His abilities in Morse code, theory and proper operation of a radio led him to become an examiner for the organization. Phil remembers the early days of being a part of this group: "We used to meet once a year in North Bay over one of the long weekends. We called it the 'Big Ham Fest'. It was a great time, but as there got to be more and more of us showing up (approx. 300), North Bay couldn't handle us anymore." He chuckles and adds, "It's been a great way to meet people and we've stayed

friends over all the years."

Phil's passion for his hobby has never wavered over the years and since retiring from Ontario Hydro where he was employed for 38 years, he has even more time to pursue his friendships with people all over the world. His collection of call cards - a card that is sent between two people talking over the radio to confirm that they've talked - is extensive and includes cards from Russia, Ethiopia, North Ireland, Australia, Tasmania, Trinidad, Cuba, Sweden as well as Canada and the United States.

As well as the local towers that are available to the radio users in the area, there is a little area (or pockets) that amateurs can use through the Allocation of Frequency through the Department of Communications in the broadcasting spectrum. Every Canada Day there's an open channel and Phil makes sure he gets on it to say hello to fellow Canadians from coast to coast.

radio club cont'd... pg. 50 ...



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Irondale Festival of Iron This Weekend

Don't forget to head out to Irondale on August 16th for the 1st Annual Festival of Iron starting at 10 a.m. and ending around 4 p.m. at the baseball diamond in Irondale.

Wagon and pony rides, face painting, children's games such as mini bowling, mmini golf and a variety of throw games await the youngsters. There is also a bake sale, bbq and much more. Identification kits for children will also be available at this event.

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\$109,000.00

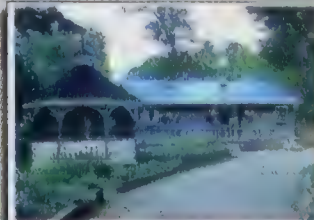
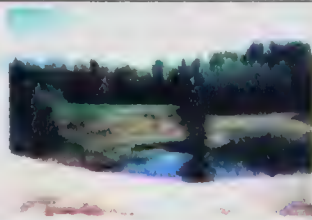
Looking for a home close to town? Check out this beautifully maintained 1250 sq. ft. 1 bedroom home with den, office. Some features are a eat in kitchen, dining room with sliding doors to large back deck and living room. It also has a 4 piece bath up stairs and a 2 piece down with hook up for a jacuzzi bath. Also down stairs is a large family room with pine wainscoting, bar area, laundry room and 2 storage rooms to do with what may. The back yard has lots of room for the children to play. Or enjoy a relaxing evening & BBQ.

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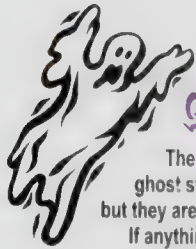
615 ft of very private well treed waterfront on Little Kennisis at affordable price. Very protected area for your boat, super building lot with driveway in South exposure. Don't miss this opportunity.

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GHOST STORIES

The following is a fun little column for those who like ghost stories... Whether these are true or not we don't know, but they are stories told by those who believe they saw real ghosts!! If anything, they do make for interesting little stories... enjoy...

The Ghost of Boothill Cemetery

"This is the photo that changed my opinion about ghost photos," says Terry Ike Clanton, who runs the TombstoneArizona.com website. Clanton is an actor, recording artist and cowboy poet, and is also a cousin of the legendary Clanton Gang who clashed with the Earps and Doc Holliday at the famous gunfight at OK Corral. Clanton took this photo of his friend at Boothill Graveyard. The photo was taken in black and white because he wanted Old West-looking pictures of himself dressed in Clanton's 1880-period clothes. Clanton took the film for developing to the local Thrifty Drug Store, and when he got it back was startled at what he saw. Among the gravestones, just to the right of his friend, is the image of what appears to be a thin man in a dark hat. By height, the man appears to be either legless, kneeling... or rising up out of the ground

"I know there was no other person in this photograph when I shot it," Clanton insists. And he believes the small figure in the background is holding a knife. "We thought this was a tie at first,



The picture you see upper right is actually a blowup (zoom in) of the figure seen in the larger picture just to the right of the man with the gun. Look closely just below the man's shoulder to the right.

but after further review, it appears to be a knife," Clanton says. "The knife is in a vertical position; the tip is located just below the figure's right collar. If you're not convinced that something is weird here, look at my friend's shadow in the photo. It appears to be going back slightly to the right of him. The figure in the back should have the same shadow, but it doesn't!"

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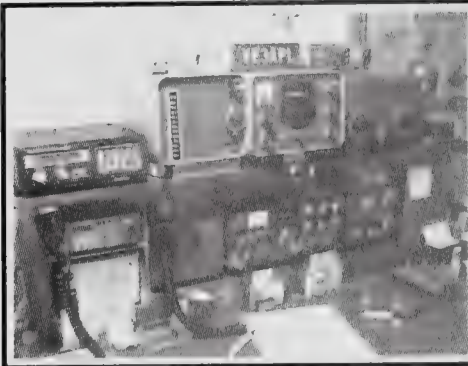
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Radio Club

... from pg. 47



**This
Radio
setup
belongs
to Phil...
quite
exten-
sive!!**

Besides being a hobby, there are times that members of these clubs are used for emergency communication situations. Amateur Radio Operators can also be an asset as contacts for different functions or situations that are taking place in remote or rural areas where telephone lines or outside communications are not an option.

If you're interested in learning more about radio communications and how to go about getting involved, you can reach Phil at 286-2024 or for those already on the air and wanting to hear more about the club, Phil's call sign is VE3 APL. He'd be more than happy to discuss it with you. Or drop in on one of the Minden Amateur Radio Club meetings. Anyone is welcome to stop by to say hello.

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It's Kash Dash Time!

It's time to shine at the 6th annual Kash End of Summer Dash taking place August 23 at the Wigamog Inn in Haliburton.

You can challenge yourself to a great 10 k run to raise pledges for Canadian Physicians for Aid and Relief or simply enjoy the beautiful course and race atmosphere with friends and family. There is also a 1k fun run for the youngsters.

Registration is free for those who sign up \$100 or more in pledges. If you don't seek out pledges the cost to race is \$30 prior to the race or \$35 the day of the race.

In addition to the run, there will be a BBQ and party at the Moose Bar & Grill located at the Wigamog, and all participants receive a race t-shirt. There will also be children's events for the young ones following their race.

The 10k run begins at 4 p.m. following the kid's run that begins at 3 p.m. You can participate in the accredited 10 k road race or scenic loop course.

Cash prizes are awarded to the top racers as follows: 1st male and female overall receive \$100, 2nd male and female overall receives \$50 and 3rd overall receives \$35. There is also age category and draw prizes.

All proceeds go to CPAR (Canadian Physicians for Aid and Relief).

CPAR is a non-profit, non-sectarian organization dedicated to supporting vulnerable, low-income people in the developing world in their efforts to achieve good health. CPAR works toward this end by helping individuals, communities and grass-roots organizations to become increasingly self-reliant. They are also committed to informing Canadians about, and engaging them in, the global effort for health and development.

If you require further information you can call the Haliburton Medical Centre at 457-1212. You can also register on-line at www.eventsonline.ca

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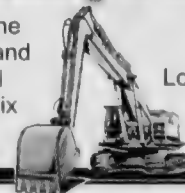
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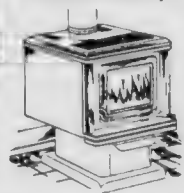
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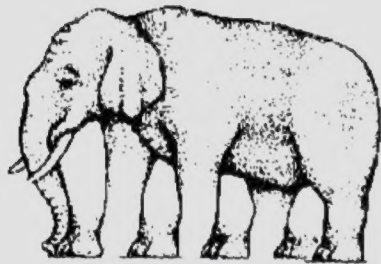
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Brain Teaser

of the Month



How many legs does this elephant have?



By Cindy Ablett

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Thur, Fri, Sat & Sun 10-6
Sandy Carrier

**Largest in City
of Kawartha Lakes**

**Seasoned
Firewood!**

Madison:
705 - 488-2043

**3855 Cty Hwy 121
1 mile south of Kinmount**

After Hrs.
705 - 488-3028

Paper Lantern Book Shop, Arctic Sky Sport & Leisure Shop, Cotton Tails
Craft & Sewing Centre, Tiny Town Toys, Paleo World Antiques, Time Sq.
Furnishings, Flying Dragon Hdw. Mystery Mansion - Has Everything.
The International Centre of Art, A Room With A View - Doors & Windows,
Whistle Stop Café - Cold Refresh, Deals On Wheels - The Checkout.

OUTDOORS PLUS

457-3113

**Fishing
Hunting
Camping
Supplies**

- Ammunition
- Consignment Guns
- Excalibur Crossbows
- Hunting Clothing
- Boots and Hats
- Co2 Refill Station
- Paintball Guns and Accessories
- Ice Fishing Accessories
- Ice Auger Rental
- Fishing & Hunting
Licenses

**Haliburton
Behind CIBC**

**Home
furniture**

**WHERE THE
SAVINGS ARE
BIGGER**

Hwy #121 West, Haliburton
email: churko@sympatico.ca

457-9571
Churko Home Furniture

Spot Sam The Advertising Man for your Chance to Win \$50!

How would you like to win \$50 cash? Well it's
easy with the Communicator!

Just read all the ads and keep an eye out for Sam
- The advertising man. We will be hiding a few
Sams in various ads throughout the publication, so
look for more than one. Once you think you have
found all the Sams you can, write down how
many you spotted, in what ads, the publication
date, your name, address and telephone number,
and mail them, email them or fax them to the
Highlands Communicator.

The first correct answer pulled from entries received wins
\$50! It's that easy and it's fun too!

There were 5 Sams in total in last month's issue. They
were hidden in the following ads: Antiques and Neat
Stuff, IGA, In and Out Cottage Care, Petrini Construc-
tion, and Steve Beaver Excavating.

**The winner of last month's Spot Sam
contest is Cindy Hall of Wilberforce**

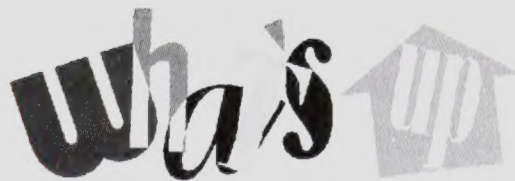
Hello, I'm Sam
the Advertising
Man. Spot me for
your chance to
WIN \$50.00
Just read how!



**For this month's bonus contest
details see pg. 24**

**The winner of the Limo Service and dinner for
two at South Algonquin Cookhouse is Dixie
Duncan of Haliburton.**

**If you like The Communicator...
Support Our Advertisers.. They make it possible and we thank them!!**



Your monthly guide to community events in the area.

**Deadline
for our next
issue is
Aug. 20**

August 15 & 16

139th Haliburton County Fair - See pg. 2

August 15

11th Annual Corn & Weiner Roast at the Wilberforce Red Cross Outpost - See pg. 38

August 16

Family History Day at the Minden Museum. See pg. 37

Lion's Club Big Band Dance - See pg. 38

Irondale Festival of Iron - See pg. 48

August 17

Wilberforce Legion Slow Pitch Tournament - See pg. 24

August 21

Haliburton Writer's Circle Luncheon - See pg. 38

Loonie Extravaganza - See pg. 45

August 23

Haliburton Legion Ladies Aux. Flea Market. See pg. 36

Kash End of Summer Dash - See pg. 50

August 27

Bus trip to "The Lion King" - contact Home Support at 457-2941

August 30

Haliburton Legion 75th Anniversary Celebrations. See pg. 8



Shania Twain delighted the crowd at Gooderham Horse-shoe Days.

Top left - Visiting with the animals!

**New
Patio!!
WOW
Live
Music!!**

**The World Famous
ROCKCLIFFE
TAVERN** Main Street **MINDEN**

**EVERY
THURSDAY
KARAOKE**

**FRI & SAT
NIGHTS!
D.J.**

**OPEN MIKE
EVERY
SUNDAY NIGHT
"ON THE PATIO"**

Saturday Aug. 16th Woody's Patio Party

Saturday Aug. 23rd Rabid Dogs

Saturday Aug. 30th Guns & F'N Roses - Tribute Band

"If There Is No Wind ... Row!"

Under the New Ownership of Jack Berry
Call 705 286-1460 for information.



**Gloria Carnochan
Cindy Muenzel**
Sales Representatives

**The Mother
Daughter Team**

**705-754-1932
1-800-203-7471**

Kennisis and Redstone Lake Realty Centre

Countrywide®
HALIBURTON REALTY LTD. ...the obvious choice

Countrywide®
Independent
Member
Broker



All you need are your groceries. This 3 bedroom, 2 bath cottage/home is fully winterized, beautifully decorated and has a well and septic. Beautifully landscaped terraced lot can be accessed from the walkout basement or just sit on the patio and take in the view of Bitter Lake. This cottage comes fully furnished.

\$239,900.00

Deal- Deal-Deal

Very private property on Little Kennis. 2 lake chain. Deep water off the dock Enjoy fun times on the large deck at the waters edge. Enjoy this 3 bdrm cottage 4 seasons. Kitchen/Dr finished in pine along with pine cathedral ceiling and walls in the large LR make for a cozy atmosphere. Curl up beside the wood stove and gaze at the moon and stars through the many windows. Lg deck, cedar siding, block foundation. Comes mostly furnished also new stove, fridge, and dishwasher.

\$259,000.00



The possibilities are endless at this property. Large family or 2 family compound, Bed and Breakfast, Marina operation, Boat Storage or rent out the storage to a marina operator to help pay your expenses. Level lot on highly desired Kushog Lake. Treed on both sides for privacy from the neighbours, year round access, 2100 sq. ft. home/cottage with 3 and 4 pc bath, main floor laundry, full walkout basement. 3 boat storage sheds 2 of which are across the road on 7.79 acres. Store approx 100 boats. Rare opportunity. Hurry don't miss out.

\$329,000.00

Ideal cottage for 2 families on Little Kennis. Pine cathedral ceiling and wall in the open concept living room and kitchen area. Hardwood floors in the entrance nook and kitchen. 2 baths, 3 bedrooms and den/office. Every space is used with lots of storage cupboards. Lots of room for entertaining on the lower level walkout with patio. Screened in porch off the living room, level to slightly sloping lake front. Great swimming, wade in or dive off the dock. Large deck at lake for enjoying the sun with a separate dock for swimming and boating.

\$364,900



4 bedroom SQUARE LOG cottage on Little Kennis. Natural 150 frontage with deep water and beach. This spectacular property has a 4 pc Jacuzzi bath and laundry room, 3 pc bath, open concept kitchen and dining room. Open living room with air tight wood stove with walkout to deck and cathedral ceilings. Master has walkout to large deck, large entrance/T.V. room. Well and septic add to the many features. Sound like something you might be interested in?

\$439,000



Well maintained winterized cottage on Big Kennis Lake. This 2 bedroom cottage, can sleep 8 has 4 pc bath, and new propane heat. Cottage sits on a perimeter wall and has a new winter water system, deck, dock, patio area and sitting area at the lake. This property has had upgrades and has an exceptional view down the lake with island view. All this and more for the bargain price of

\$239,000

Location - Location - Location
Western exposure on Kennis Lake big lake view!!!! Point property with some sand and rock shoreline on 150 ft frontage. Very private property, well off the road. Well constructed and maintained 3 bedroom, 3 season cottage, screened porch eating area. Comes furnished, ready to use.

\$299,000.00



Private Retreat

Private well treed lot with 114' frontage on Little Kennis Lake with a 3 bedroom cottage. This open concept cottage has an oak kitchen, wood cathedral ceiling and walls in the living room with fireplace. This beautiful place also has 4 pc bath and 2 pc ensuite, main floor laundry all this on a full unfinished basement. To add to all of the other attractions is a large deck and screened in porch.

\$359,000.00

Little Kennis

Very unique 2 bedroom & guest quarters chalet style cottage tucked away in this well treed property. Loft bedroom overlooking LR and free standing fireplace. Appealing lakefront with deck and large dock. Wonderful view. Adjacent lot is available for 159,000.00. Cottage must sell first. Put the 2 together as a package and save \$\$\$\$ giving you 200 ft frontage and absolute privacy. This cottage property is a must see at

\$369,000. & \$159,000.00 for the lot.



Private Lake - 129 acres

Haliburton Highlands Nature at it's best. 129 acre retreat estate type property with a private lake, mature forest of pine and hardwoods. A 4 bedroom/loft and guest quarters cottage sits on the shore line of Torch Lake. The cottage is full of old country charm, massive stone fireplace in the living room and backing the dining room. Wood floors and all wood interior with cathedral ceilings. Large deck

for entertaining or just enjoy the view. This property has many possibilities. Family retreat, Bed & Breakfast, Children's Camp, Retreat Center, possibly severe some lots off, also appears to be 50-60 acres of gravel in the back property.

\$975,000.00

Vacant Waterfront Lots

One of the best lots on Kennis Lake. 550 ft. of frontage and 5.5 acres of mature forest to roam in. Several choice building sites. Smooth rock access into water. Unbelievable big lake and island view. Year round road and in area of executive style cottages.

\$545,000.00

**See Pg. 48
For more properties**

Unbelievable building lot on pristine Redstone Lake. Sand, beach, smooth rock access and deep water. S exp. & sunsets. 225 ft fr. & 1.5 acres, mature trees. Don't miss this one.

\$275,000.00